

Drop It All!

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Step5678 (USA) - August 2018
音樂: Drop Everything - Carlton Anderson



Intro: 16 Counts ***1 Restart On Wall 4 After 8 Counts***

[1-8] Rock Fwd/Recover (R), Triple Back (R), Rock Back/Recover(L), Triple Fwd (L)

1-2 Rock R fwd (1), Recover weight to L (2)
3&4 Step R back (3), Step L next to R (&), Step R back (4)
5-6 Rock L back (5), Recover weight to R (6)
7&8 Step L fwd (7), Step R next to L (&), Step L fwd (8) (12:00)

*****Restart Here On Wall 4*** (Facing 9:00)**

[9-16] Pivot ½ Turn Left, ½ Turning Triple Left, Coaster (L), Pivot ¼ Left

1-2 Step R fwd (1), Pivot ½ turn left (weight on L) (2) (6:00)
3&4 Step R to right- ¼ left (3), Step L next to R (&), Step R back- ¼ left (4) (12:00)
5&6 Step L back (5), Step R next to L (&), Step L fwd (6)
7-8 Step R fwd (7), Pivot ¼ turn left (weight on L) (8) (9:00)

[17-24] Kick-Ball-Steps (R) (Traveling Fwd), Pivot ½ Left, Walks Forward (R&L)

1&2 Kick R fwd (1), Step R next to L (&), Step L fwd (2)
3&4 Kick R fwd (3), Step R next to L (&), Step L fwd (4)
5-6 Step R fwd (5), Pivot ½ turn left (weight on L) (6) (3:00)
7-8 Walk fwd R (7), Walk fwd L (8)

(Can do a full left turn for counts 7-8)

[25-32] Toe Struts With Hip Bumps (R&L), Hip Rolls-Counter Clockwise

1-2 Touch R toe fwd and bump hips to right (1), Step R heel down (2)
3-4 Touch L toe fwd and bump hips to left (3), Step L heel down (4)
5-6 Roll hips to right (5), Roll hips to left (6)
7-8 Roll hips to right (7), Roll hips to left (8) (3:00)

Let's Dance!!!

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