

Boyz & Girlz Be Rockin

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ole Jacobson (DE) & Nina K. (DE) - July 2018
音樂: Southern Boyz & Girlz Be Rockn (feat. Clyde Avant & Frank Smith) - Funky Country Soul



Heel, together, step, stomp, stomp down, hold

1-2 RHeel forward - place the RF next to the LF
3-4 LHeel forward - place the LF next to the RF
5-6 RF big step forward - stomp LF next to RF
7-8 LF stomp next to RF - Hold

Step-lock-step-step-lock-step, rock, recover

1-2 RF step forward - cross LF behind RF
3-4 RF step forward - LF step forward
5-6 Cross RF behind LF - LF step forward
7-8 RF step forward - weight back on LF

Toe strut back turning 1/2 R, toe strut forward turning 1/2 R, coaster step, stomp

1-2 RF put on toe behind - 1/2 R- Turn, RF set up
3-4 LF put on toe forward - 1/2 R- Turn, LF set up
5-6 RF step backwards - LF next to RF
7-8 RF step forward - LF stomping forward

1/2 monterey turn R, jazz box, step

1-2 RF touch R - 1/4 R-Turn and RF to LF
3-4 LF touch L - LF next to RF
5-6 RF cross over LF - LF step backwards
7-8 RF step R - LF step forward

... and from the beginning
