

# Boyz & Girlz Be Rockin

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Ole Jacobson (DE) & Nina K. (DE) - July 2018  
音樂: Southern Boyz & Girlz Be Rockn (feat. Clyde Avant & Frank Smith) - Funky Country Soul



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## Heel, together, step, stomp, stomp down, hold

- 1-2 RHeel forward - place the RF next to the LF
- 3-4 LHeel forward - place the LF next to the RF
- 5-6 RF big step forward - stomp LF next to RF
- 7-8 LF stomp next to RF - Hold

## Step-lock-step-step-lock-step, rock, recover

- 1-2 RF step forward - cross LF behind RF
- 3-4 RF step forward - LF step forward
- 5-6 Cross RF behind LF - LF step forward
- 7-8 RF step forward - weight back on LF

## Toe strut back turning 1/2 R, toe strut forward turning 1/2 R, coaster step, stomp

- 1-2 RF put on toe behind - 1/2 R- Turn, RF set up
- 3-4 LF put on toe forward - 1/2 R- Turn, LF set up
- 5-6 RF step backwards - LF next to RF
- 7-8 RF step forward - LF stomping forward

## 1/2 monterey turn R, jazz box, step

- 1-2 RF touch R - 1/4 R-Turn and RF to LF
- 3-4 LF touch L - LF next to RF
- 5-6 RF cross over LF - LF step backwards
- 7-8 RF step R - LF step forward

... and from the beginning

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