

My Heaven

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Jan Brookfield (UK) - July 2018
音樂: Heaven (feat. Iris Dement) - Jason Wilber : (CD: Reaction Time)



Start 14 seconds in, on the word "road" (" I see a long fenced road")

Section 1 : SCISSORS LEFT, CROSS, SIDE, ACROSS; SCISSORS RIGHT, CROSS, SIDE, ACROSS

1&2 Step L to left side, close R to L, step L across in front of R
3,4 Step R to right side, step L across in front of R
5&6 Step R to right side, close L to R, step R across in front of L
7,8 Step L to left side, step R across in front of L

Section 2 : HIPS BUMP & BUMP & HITCH, SWAY, SWAY, CHASSE ¼ TURN RIGHT, ROCK, RECOVER

9&10& Rock L to side bumping hips left, bump hips right, bump hips left, hitch R knee
11,12 Rock R to right side in a sway, recover the weight onto the L
13&14 Making a quarter turn, chasse right on R,L,R
15,16 Rock L forward, recover onto R (facing 3 o'clock)

Section 3 : COASTER STEP, ROCK, RECOVER, HALF TURN SHUFFLE, ROCK RECOVER

17&18 Step L back, step R next to L, step L forward
19,20 Rock R forward, recover onto L
21&22 Making a half turn over right shoulder, shuffle forward on R,L,R
23,24 Rock forward on L, recover onto R (facing 9 o'clock)

Section 4 : SHUFFLE BACK, COASTER STEP, WALK, WALK, STEP HALF PIVOT TURN

25&26 Shuffle back on L,R,L
27&28 Step R back, step L next to R, step R forward
29,30 Walk forward on L,R
31,32 Step L forward, pivot half turn over right shoulder, transfer weight onto R (facing 3 o'clock)

START AGAIN

NB . AN 8 COUNT TAG IS NEEDED AFTER 3 WALLS WITH THE JASON WILBER TRACK
TAG : TOUCH LEFT FORWARD, TOUCH SIDE, SAILOR STEP; TOUCH RIGHT FORWARD, TOUCH SIDE, SAILOR STEP

1,2 Touch L toe forward, touch L toe to left side
3&4 Step L behind R, step R out to right side, step L out to left side, evenly balanced
5,6 Touch R toe forward, touch R toe to side
7&8 Step R behind L, step L out to left side, step R out to right side, evenly balanced