

Manly Man

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sascha Wolf (DE) - July 2018
音樂: Manly Man (Line Dance & Line Dancing Mix) - Rednex



Start to dance when the vocals start after 32 counts of Intro

Chassé - Rockstep - Point Touch - Chassé

1&2 Chassé to right - RF to side, LF close to RF, RF to side
3-4 LF step back, RF on place
5-6 LF point to side, LF touch close to RF
7&8 Chassé to left - LF to side, RF close to LF, LF to side

Rock Step - Shuffle - Rock turn - Shuffle - Rockturn

1-2 RF step back, LF on place
3&4 Shuffle forward - RF forward, LF close to RF, LF forward
5-6 LF step forward with 1/2 Turn to right, RF on place
7&8 Shuffle forward - LF forward, RF close to LF, RF forward

Rock turn - Rock turn - Skate

1-2 RF step forward with 1/2 Turn to left, LF on place
3-4 RF step forward with 1/4 Turn to left, LF on place
5-8 Skates forward, RF skate step diagonal forward, repeat with LF, RF, LF

Out Out In In

&1-2 (+)RF step diagonal forward slight to side, (1) LF step diagonal forward slight to side, (2) Hold)
&3-4 (+)RF step back to center, (3) LF step back to center, (4) Hold
&5 RF step diagonal forward slight to side, LF step diagonal forward slight to side
&6 RF step back to center, LF step back to center,
&7&8 Repeat &5&6

Repeat till end of music Without Any Tags Or Restarts

Last Update - 31st July 2018
