

# Gimme a Break!

拍數: 64      牆數: 2      級數: Improver  
編舞者: David Griffiths (UK) - July 2018  
音樂: It Never Rains in Southern California - Smokie



No tags, No Restarts.

Start dance on the word "board".

## Rock back right, recover on left, right shuffle fwd, left fwd, touch right, shuffle to right

- 1-2 rock back on right, recover onto left (12.00)
- 3 & 4 forward right, close left next to right, forward right (12.00)
- 5-6 forward left, touch right next to left (12.00)
- 7 & 8 step right to right side, close left next to right, step right to right side (12.00)

## Rock left across right, recover, shuffle ¼ left, left pivot turn 1/4, crossing shuffle to left

- 1-2 rock left across right (angled to 1.00 o'clock), recover back onto right (12.00)
- 3 & 4 step left to left side, close right next to left, step left to left side with ¼ turn to left (9.00)
- 5-6 step right forward, ¼ pivot turn to left, weight onto left (6.00)
- 7 & 8 step right across left foot, step left foot to left side, step right across left foot (6.00)

## Left side, right recover, left behind, right side, cross left, right side, left recover, right behind, left side, cross right

- 1-2 small step left to left side, recover onto right (6.00)
- 3 & 4 left foot behind right, small step right to right side, cross left foot in front of right (6.00)
- 5-6 small step right to right side, recover onto left (6.00)
- 7 & 8 right foot behind left, small step left to left side, cross right foot in front of left (6.00)

## Hinge ½ turning back to right, left shuffle forward, right fwd, touch left, shuffle to left

- 1-2 step left back turning ½ turn to right, step right forward (12.00)
- 3 & 4 forward left, close right next to right, forward left (12.00)
- 5-6 forward right, touch left next to left (12.00)
- 7 & 8 step left to left side, close right next to left, step left to left side (12.00)

## Rock right across left, recover, shuffle ¼ right, right pivot turn 1/4, crossing shuffle to right

- 1-2 rock right across left (angled to 11.00 o'clock), recover back onto right (12.00)
- 3 & 4 step right to right side, close left next to right, step right to right side with ¼ turn to right (3.00)
- 5-6 step left forward, ¼ pivot turn to right, weight onto right (6.00)
- 7 & 8 step left across right foot, step right foot to right side, step left across right foot (6.00)

## Right side, close left, right shuffle forward, left side, close right, left shuffle back

- 1-2 right side, close left next to right (6.00)
- 3 & 4 forward left, close right next to right, forward left (6.00)
- 5-6 left side, close right next to left (6.00)
- 7 & 8 back left, close right next to left, back left (6.00)

## Right side, touch left, kick left and cross right over right, left side, touch right, kick right and cross left over right

- 1-2 right side, touch left next to right (6.00)
- 3 & 4 kick left to left diagonal, replace weight onto left, cross right in front of left (6.00)
- 5-6 left side, touch right next to left (6.00)
- 7 & 8 kick right to right diagonal, replace weight onto right, cross left in front of right (6.00)

## Rock right fwd, recover on left, right coaster, rock left fwd, recover on right, left shuffle back

- 1-2 rock forward on recover back onto left (6.00)
- 3 & 4 step back on right, step back left next to right, step right forward (6.00)
- 5-6 rock forward on recover back onto left (6.00)
- 7 & 8 back left, close right next to left, back left.....

**Start Again**

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