

Tread Lightly

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Phil Carpenter (UK) - July 2018
音樂: Andante, Andante - Lily James : (CD: Mama Mia. Here We Go Again - OST)



Music Available On iTunes.

INTRO: 32 COUNTS. START ON VOCALS, TAKE IT EASY.

SECTION 1: RIGHT CROSS ROCK, & LEFT CROSS ROCK, SYNCOPATED WEAVE TO LEFT.

1 - 2 Right cross over Left, Recover weight on Left.
& 3 - 4 Right step to Right side, Left cross over Right, Recover weight on Right.
& 5 & 6 Left step to left side, Right cross over Left, Left step to left side, Right cross behind Left.
& 7 - 8 Left step to Left side, Right cross over Left, Left step to Left side with sway to Left.

SECTION 2: SWAY RIGHT, LEFT BEHIND RIGHT, ¼ TURN RIGHT, LEFT STEP FORWARD, PIVOT ¼ TURN RIGHT, LEFT CROSS ROCK RECOVER, LEFT SCISSOR STEP.

1 - 2 Sway to Right, Left step behind Right.
& 3 - 4 Turn ¼ Right stepping Right forward (3.00), Left step forward,
 Pivot ¼ turn Right, (6.00). (W.O.R).
5 - 6 Left cross over Right, Recover weight on Right.
7 & 8 Left step to Left side, Right step beside Left, Left cross over Right.

SECTION 3: RIGHT ROCK FORWARD, RECOVER, ¾ TRIPLE TURN RIGHT, LEFT ROCK FORWARD, & RIGHT ROCK FORWARD.

1 - 2 Right rock forward, Recover weight on Left
3 & 4 ¾ Triple turn Right, slowly stepping Right, Left, Right. (3.00)
Restart dance at this point during wall 4, You'll be at 12.00 for the restart.
5 - 6 Left rock forward, Recover weight on Right.
& 7 - 8 Left step back beside Right, Right rock forward, Recover weight on Left.

SECTION 4: RIGHT LOCK STEP BACK, LEFT BACK ROCK RECOVER, SLOW FULL TURN RIGHT, LEFT SHUFFLE FORWARD.

1 & 2 Right step back, Left cross in front of Right, Right step back.
3 - 4 Left step back, Recover weight on Right.
5 Turn ½ turn Right slowly, stepping back on Left, (9.00),
6 Turn ½ turn Right slowly, stepping forward on Right. (3.00)
7 & 8 Left step forward, Right step beside Left, Left step forward.

REPEAT DANCE FACING NEW WALL ENJOY AND HAVE FUN

Choreographers notes:

Please be aware, that the dance is slower than the music implies on first impression.

Restart required during wall 4.

Dance steps 1 - 20, Transfer your weight onto Left foot and restart the dance.

Wall 7: Section 2, music slows and fades for 8 counts from step 9, keep dancing at the Normal tempo, the music kicks back in for the rest of the dance.

Phil's Big Finish: Wall 8 (You'll be facing 9.00)

Dance steps 1 - 20

Then, take a final big step forward on Left with arms out to sides. Ta da!!

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