

Best Adventure

拍數: 32 牆數: 4 級數: Beginner
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音樂: Best Adventure - Leaving Thomas



Intro: 16 Counts

Sec 1. Side Shuffle, Rock/Recover, Step, Touch/Clap, Step, Touch/Clap

1&2 Step Right to right side (1), Step Left beside right (&), Step Right to right side (2)
3-4 Step Left back (3), Recover weight forward onto Right (4)
5-6 Step Left forward (10:30) (5), Touch Right beside left /clap (6)
7-8 Step Right back to home (7), Touch Left beside right /clap (8)

Sec 2. Side Shuffle, Rock/Recover, Toe, Heel, Toe, Hitch

1&2 Step Left to left side (1), Step Right beside left (&), Step Left to left side (2)
3-4 Step Right back (3), Recover weight forward on Left (4)
5-6 Tap Right toe beside left foot turning right knee in (5), Tap Right heel forward (10:30)(6)
7-8 Tap Right toe beside left foot turning right knee in (7), Hitch Right knee up (8)

Sec 3. Vine, Touch, Out/Out, In/In

1-2 Step Right to right side (1), Cross Left behind right (2)
3-4 Step Right to right side (3), Touch Left beside right (4)
5-6 Step Left forward (10:30)(5), Step Right forward (1:30)(6)
7-8 Step Left back in to home (7), Step Right back in beside left (8)

Sec 4. 1/4 Hinge Turn, Hold, Out/Out, In/In, Hip Bumps

1-2 Step Left forward making ¼ right on Right foot (1), Hold (2)
&3&4 Step Left forward (10:30)(&), Step Right forward (1:30)(3), Step Left back in to home (&),
Step Right back in beside left (4)
5&6 Bump Right hip Right (5), Centre hips(&), Bump Right hip Right (6)
7&8 Shift weight onto Left bumping left hip (7), Center hips (&), Bump Left hip left (8)

Happy Dancing!
