

# Exceptional 757

拍數: 64      牆數: 1      級數: Improver Soul  
編舞者: Akili McLamore - July 2018  
音樂: Exceptional - Babyface : (Album: Return Of The Tender Lover - 5:43)



Step sheet prepared by Harry Woods

#64 count intro, support on left

## SECTION 1: TRIPLE FORWARD, ROCK FORWARD, RECOVER, TRIPLE BACK, ROCK BACK, RECOVER

1&2      Step right forward, step left beside right (3rd position), step right forward  
3-4      Rock left forward, recover right  
5&6      Step left back, step right beside left (3rd position), step left back  
7-8      Rock right back, recover left

## SECTION 2: TRIPLE FORWARD, STEP (TURN), REPLACE, TRIPLE FORWARD, STEP (TURN), REPLACE

1&2      Step right forward, step left beside right (3rd position), step right forward  
3-4      Step left forward then turn ½ right, replace right  
5&6      Step left forward, step right beside left (3rd position), step left forward  
7-8      Step right forward then turn ½ left, replace left

## SECTION 3: STEP, TOGETHER, STEP, TOUCH, STEP, TOGETHER, STEP, TOUCH

Dance this section facing forward – not on the diagonal.

1-4      Step right diagonally forward, step left together, step right diagonally forward, touch left beside right  
5-8      Step left diagonally forward, step right together, step left diagonally forward, touch right beside left

## SECTION 4: BACK, TOGETHER, BACK, TOUCH, BACK, TOGETHER, BACK, TOUCH (TURN)

Dance this section facing forward – not on the diagonal.

1-4      Step right diagonally back, step left together, step right diagonally back, touch left beside right  
5-8      Step left diagonally back, step right together, step left diagonally back, touch right beside left then turn ¼ right

## SECTION 5: SIDE ROCK, RECOVER (TURN), SIDE ROCK, RECOVER, HEEL, TOGETHER, HEEL, TOGETHER (TURN)

1-2      Rock right to side, recover left then turn ¼ right  
3-4      Rock right to side, recover left  
5-6      Tap right heel forward, step right together  
7-8      Tap left heel forward, step left together then turn ¼ right

## SECTION 6: SIDE ROCK, RECOVER (TURN), SIDE ROCK, RECOVER, HEEL, TOGETHER, HEEL, TOGETHER

1-2      Rock right to side, recover left then turn ¼ right  
3-4      Rock right to side, recover left  
5-6      Tap right heel forward, step right together  
7-8      Tap left heel forward, step left together

## SECTION 7: TRIPLE FORWARD, TRIPLE FORWARD, TRIPLE FORWARD, ROCK FORWARD, RECOVER

1&2      Step right forward, step left beside right (3rd position), step right forward  
3&4      Step left forward, step right beside left (3rd position), step left forward  
5&6      Step right forward, step left beside right (3rd position), step right forward

7-8 Rock left forward, recover right

**SECTION 8: TRIPLE BACK, TRIPLE BACK, TRIPLE BACK, ROCK BACK, RECOVER**

1&2 Step left back, step right beside left (3rd position), step left back

3&4 Step right back, step left beside right (3rd position), step right back

5&6 Step left back, step right beside left (3rd position), step left back

7-8 Rock right back, recover left

**REPEAT**

**TAG: After the second rotation dance the following tag sections, then Restart from the beginning.**

**SECTION T1: VINE, TOUCH, VINE, TOUCH**

1-4 Step right to side, step left behind right, step right to side, touch left beside right

5-8 Step left to side, step right behind left, step left to side, touch right beside left

**SECTION T2: VINE, TOUCH, VINE, TOUCH**

1-4 Step right to side, step left behind right, step right to side, touch left beside right

5-8 Step left to side, step right behind left, step left to side, touch right beside left

**Contact: Submitted by – Helen Woods: [aquafool@aol.com](mailto:aquafool@aol.com)**

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