

# Reflexion (reflection)

拍數: 72      牆數: 2      級數: Improver  
編舞者: Andrés de la Rubia Albertí (ES) - July 2018  
音樂: People Get Old - Lori McKenna



## [1-8] Rumba box (R&L)

- 1 Rf to the right
- 2 Lf beside Rf
- 3 Rf foward
- 4 Hold
- 5 Lf to the left
- 6 Rf beside Lf
- 7 Lf back
- 8 Hold

## [9-16] step back, right & left , coaster cross

- 9 RF back
- 10 Hold
- 11 Lf back
- 12 Hold
- 13 Rf back
- 14 Lf next Rf
- 15 Cross Rf over Lf
- 16 Hold

## [17-24] Side, Touch, Side, Touch, side, together, cross

- 17 Lf to the left
- 18 Touch Rf next Lf
- 19 Rf to the right
- 20 Touch Lf next Rf
- 21 Lf to the left
- 22 Rf next Lf
- 23 Cross Lf over Rf
- 24 Hold

## [25-32] side, hold, behind, hold , shuffle ¼ turn right

- 25 Rf to the right
- 26 Hold
- 27 Lf behind Rf
- 28 Hold
- 29 Rf to the right
- 30 Lf next Rf
- 31 Rf ¼ turn right
- 32 Hold

## [33-40] step right foward, hold, ¼ turn right, hold,cross shuffle

- 33 Lf foward
- 34 Hold
- 35 ¼ turn right
- 36 Hold
- 37 Cross Lf over Rf
- 38 Rf to the right

39 Cross Lf over Rf  
40 Hold

**[41-48] step right ¼ turn right, hold, step left ½ turn right ,hold,coaster step**

41 Rf foward ¼ turn right  
42 Hold  
43 Lf back ½ turn right  
44 Hold  
45 Rf back  
46 Lf back  
47 Rf foward  
48 Hold

**[49-56] steps (L&R),step right, hold, step left, hold**

49 Lf foward  
50 Hold  
51 Rf foward  
52 Hold  
53-55 Steps foward, Lf,Rf,Lf  
56 Hold

**[57-64] Rock foward,back, Rock foward,1/4 turn right,Hold**

57 Rf foward  
58 Recover weight Lf  
59 Rf back  
60 Recover weight Lf  
61 Rf foward  
62 Recover weight Lf  
63 Rf ¼ turn right  
64 Hold

**[65-72] Toe strut,Touch,Side,Touch,Side,Touch**

65 Toe Lf over Rf  
66 Strut heel Lf  
67 Touch Rf next Lf  
68 Hold

**(Restart in 1<sup>a</sup>, 3<sup>a</sup> y 6<sup>a</sup> walls)**

69 Rf to the right  
70 touch Lf next Rf  
71 Lf to the left  
72 Touch Rf next Lf

Contact: [andreslinedance@andreslinedance.es](mailto:andreslinedance@andreslinedance.es)

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