

# Life Is Summer Time (zh)

COPPER KNOB  
STEPSHEETS

拍數: 32                      牆數: 4                      級數: Beginner  
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音樂: Stoney - Lobo



Intro : 16 counts - No Tag, No Restart

## Sec. 1: TOE, HEEL, CROSS(R&L), SIDE, RECOVER, CROSS, CHASSE 1/4 TURN L

1& 2                      Touch RF beside LF, Touch RF heel forward, Cross RF over LF  
3& 4                      Touch LF beside RF, Touch LF heel forward, Cross LF over RF  
5& 6                      Step RF to R, Recover onto LF, Cross RF over LF  
7& 8                      Step LF to L, Step RF beside LF, 1/4 turn L step LF forward(09:00)  
1& 2                      右足腳尖點收於左足旁,右足腳腫前點,右足交叉左足前  
3& 4                      左足腳尖點收於右足旁,左足腳腫前點,左足交叉右足前  
5& 6                      右足右踏,重心回左足,右足交叉左足前  
7& 8                      左足左踏,右足併於左足旁,左轉1/4左足前踏(09:00)

## Sec. 2: CHARLESTON STEP, MONTEREY 1/4 TURN(x2)

1& 2                      Sweep/Touch RF forward, Recover onto LF, Sweep/Step RF back  
3& 4                      Sweep/Touch LF back, Recover onto RF, Sweep/Step LF forward  
5&6&                      Point RF to R, 1/4 turn R step RF beside LF, Point LF to L, Step LF beside RF(12:00)  
7&8&                      Point RF to R, 1/4 turn R step RF beside LF, Point LF to L, Step LF beside RF (03:00)  
1& 2                      右足前點,重心回左足,右足後踏  
3& 4                      右足後點,重心回右足,左足前踏  
5&6&                      右足右側點,右轉1/4 右足併於左足旁,左足左側點,左足併於右足旁(12:00)  
7&8&                      右足右側點,右轉1/4 右足併於左足旁,左足左側點,左足併於右足旁(03:00)

## Sec. 3: FORWARD, TOUCH, BACK, KICK, BEHIND, SIE, CROSS, FORWARD, TOUCH, BACK, KICK, BEHIND, 1/4 TURN R, FORWARD

1&2&                      Step RF forward R diagonal, Touch LF beside RF, Step LF back diagonal, Kick RF forward R diagonal  
3& 4                      Cross RF behind LF, Step LF to L, Cross RF over LF  
5&6&                      Step LF forward L diagonal, Touch RF beside LF, Step RF back diagonal, Kick LF forward L diagonal  
7& 8                      Cross LF behind RF, 1/4 turn R step on RF, Step LF forward(06:00)  
1&2&                      右足斜前踏,左足點收於右足旁,左足斜後踏,右足斜前踢  
3& 4                      右足交叉左足後,左足左踏,右足交叉左足前  
5&6&                      左足斜前踏,右足點收於左足旁,右足斜後踏,左足斜前踢  
7& 8                      左足交叉右足後,右轉 1/4 右足踏,左足前踏(06:00)

## Sec. 4: FORWARD MAMBO, BACK MAMBO, 3/4 TURN R STEP WALK

1& 2                      Step RF forward, Recover onto LF, Step RF back  
3& 4                      Step LF back, Recover onto RF, Step LF forward  
5 - 8                      3/4 turn R step walk on RF、LF、RF、LF(03:00)  
1& 2                      右足前踏,重心回左足,右足後踏  
3& 4                      左足後踏,重心回右足,左足前踏  
5 - 8                      右轉3/4右足走步、左足走步,右足走、左足走步(03:00)

Start again.

Ending : During walls 9, after 28 counts(facing06:00), change the "3/4 Turn R step walk" to 1/2 Turn R back to the front

結束：在牆9期間，經過28次計數（面向06:00）後，將“右轉3/4右足走步”更改為1/2將R轉回前面

Have Fun & Happy Dancing !

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