Sloop John B



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: Susan Prats (USA) - July 2018 音樂: Sloop John B - The Beach Boys



Right lead

LINDY RIGHT, LINDY LEFT

Triple step to right, rock back on left behind right, recover forward on right 5&6,7-8

Triple step to left, rock back on right behind left, recover forward on left

ROCKING CHAIR, PADDLE 1/4 LEFT, PADDLE 1/4 LEFT

1-4 Rock forward on right, step left in place, rock back on right, step left in place

5-6 Step forward right, paddle left with 1/4 left turn7-8 Step forward right, paddle left with 1/4 left turn

LINDY RIGHT, LINDY LEFT

Triple step to right, rock back on left behind right, recover forward on right 5&6,7-8

Triple step to left, rock back on right behind left, recover forward on left

STEP, KICK X 4

1-2 Step right, kick left across right
3-4 Step left, kick right across left
5-6 Step right, kick left across right
7-8 Step left, kick right across left

Restart