Summer Fever Cha-Cha

級數: Beginner

編舞者: Stephen Pistoia (USA) - July 2018

音樂: Summer Fever - Little Big Town : (iTunes)

牆數:4

No Tags or Restarts

(1-8) ROCK RECOVER FORWARD, SHUFFLE BACK ½ TURN X 2, ROCK RECOVER BACKWARD

- 1-2 rock RF forward recover on LF
- 3&4 step RF out to RT making a ¼ turn RT step LF next to RF step RF out to RT making ¼ turn RT
- 5&6 step LF out to LT making a ¼ turn RT step RF next to LF step LF back making a ¼ turn
- 7-8 rock RF backwards recover LF (12:00)

(9-16) RT TOE POINT, ¼ TURN RT LEFT TOE POINT, SHUFFLE FORWARD ROCK

- 1-2 point RT toe out to RT step RF in of LF making a ¼ turn RT
- 3-4 point LT toe out to LF step LF forward
- 5&6 step RF forward step LF next to RF step RF forward
- 7-8 rock LF forward recover on RF (3:00)

(17-24) SHUFFLE BACK ½ TURN LT X 2, ROCK RECOVER BACKWARD, LT MAMBA

- 1&2 step LF out to LT making a ¼ turn LT step RF next to LF step LF out to LT making a ¼ turn LT
- 3&4 step RF out to LT making a ¼ turn LT step LF next to RF step RF back making a ¼ turn LT
- 5-6 rock LF backwards recover on RF
- 7&8 press LF out to LT slightly lifting RF up press RF in place slightly lifting LF step LF next to RF taking weight

(25-32) RT MAMBA, ROCK RECOVER, COASTER STEP, KICKBALL CHANGE

- 12 press RF out to RT slightly lifting LF press LF in place slightly RF step RF next to LF taking weight
- 3-4 rock forward on LF recover on RF
- 5&6 step LF back step RF next to RF step LF forward
- 7&8 kick RF forward step RF next to LF step LF slightly forward (3:00)

This dance rotates Clockwise.

Any questions contact me @ pistoias@ymail.com have fun enjoy!!!!





拍數: 32