

# If You're Over Me

COPPER KNOB  
BY SHEETS

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Pat Stott (UK) - July 2018  
音樂: If You're Over Me - Years & Years : (Album: Palo Santo - deluxe - 3:09)



Commence after 16 counts (approx. 8 seconds) just before vocals

## Mambo forward, mambo back, side rock, cross, ball, cross, side

1&2.      Rock forward on right, recover on left, step slightly back on right  
3&4.      Rock back on left, recover on right, step slightly forward on left  
5&6      Rock right to right, recover on left, cross right over left  
&7      Left to left on ball of foot, cross right over left  
8      Step left to left

## Sailor 1/4 turn right, cross, rock, side, cross, recover, ball, cross, ball, cross

1&2.      Sweep right foot round stepping behind left, turn 1/4 right, stepping onto left, step right slightly to right  
3&4.      Cross left over right, recover on right, left to left  
5-6.      Cross right over left, recover on left  
&7.      Step right to right on ball of foot, cross left over right  
&8.      Step right to right on ball of foot, cross left over right

**\*\* Restart here during wall 8 (facing 6 o'clock)**

## Switches : point right, close, point left, close, right heel forward, close, hitch left, close, right heel forward, close, forward. step forward, 1/2 pivot left

1&2&.      Point right toe to right, close, point left toe to left, close  
3&4&      Right heel forward, close, hitch left knee, close  
5&6.      Right heel forward, close, forward on left  
7-8.      Step forward on right, 1/2 pivot left transferring weight to left

## Shuffle forward, full turn right, rock forward, recover, full triple turn left

1&2.      Forward on right, close left to right, forward on right  
3-4.      Turn 1/2 right stepping back on left, turn 1/2 right stepping forward on right  
5-6.      Rock forward on left, recover on right  
7&8.      Triple full turn left - left, right, left

**Alternative: To take out turns replace 3-4 with 2 walks, and 7&8 replace with a coaster step.**

**\*\* Restart during wall 8 facing 6 o'clock**

**Choreographers note: the dance is quite fast so keep the steps small!**

**Dance will finish at 12 o'clock**