

I'm Hungover

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Myra Harrold (SCO) - June 2018
音樂: I'm Hungover (feat. Rick Strickland) - Lesa Hudson



INTRO: START ON VOCALS

SECT: 1 R TOUCH,1/4 TURN,R KICK,COASTER STEP,L ROCK,RECOVER,1&1/2 TURNS (optional 1/2 turn shuffle L)

1,2,3&4 R Toe Touch To Lf(1)Lf 1/4 Pivot R,R Kick Fwd(2)Rf Back(3)Lf Beside Rf(&)Rf Fwd(4) (3)
5,6,7&8 Lf Rock Fwd(5)Rf Recover(6)1/2 Turn L,Lf Fwd(7)1/2 Turn L,Rf Back(&)1/2 Turn L,Lf Fwd(8)
(9)

SECT:2 WALK R,L, R ANCHOR STEP,1/2 TURN,L FWD,1/4 TURN,R SIDE STEP,L BEHIND,SIDE,CROSS

1,2,3&4 Rf Fwd(1)Lf Fwd(2)Rf Rock Behind Lf(3)Lf Recover(&)Rf Back(4) (9)
5,6,7&8 1/2 Turn L,Lf Fwd(5)1/4 Turn L,Rf Side R(6)Lf Behind Rf(7)Rf Side R(7)Lf Cross Lf Over
Rf(8) (12)

RESTART HERE ON WALLS 3 & 7 (BOTH AT 12 O-CLOCK)

SECT: 3 SIDE R,L BEHIND,HOLD,SIDE R,L FWD,1/2 PIVOT R,R FWD,1/2 PIVOT R,L BACK,HOLD, BALL STEP BACK TOUCH R (BODY ROLL BACK)

&1,2&3,4 Rf Side R(&)Lf Behind Rf(1)Hold(2)Rf Side R(&)Lf Fwd (3)1/2 Pivot R,Step On Rf (4) (6)
5,6&7,8 1/2 Pivot,Point Back On Ball Of Lf(5)Hold(6)Rf Beside Lf(&)Step Lf Back(7)Touch R Toe To
Lf(8) (Body Roll Back) (12)

SECT:4 R KICK & POINT,L KICK & STEP,TURNING APPLEJACKS 1/2 L (ALTERNATIVE-HEEL & TOE&TOE & HEEL 1/2 L)

1&2,3&4 Rf Kick Fwd(1)Step On Rf(&)Point Lf Side L(2)Lf Kick Fwd(3)Step On Lf(&)Step Rf Side R
,Feet Slightly Apart(4) (12)
5&6&7&8& Both Feet Toes In (Weight On R Heel & Ball Of Lf) (5) Both Feet Toes Out To Turn 1/8 L
(Weight On Ball Of Rf & L Heel)(&) Repeat These Counts Another 3 Times To Complete 1/2
Turn L (Alternative:-R Heel Fwd(5)Turn 1/4 L Step On Rf(&)Touch L Toe To Rf(6)Step On
Lf(&)Touch R Toe To Rf (7)Turn 1/4 L,Step On Rf (&)L Heel Fwd(8)Step On Lf(&) (6)

TAG 1: 4 Counts At The End Of Wall 4, Continue Another 1/2 Turn L With Applejacks (Alternative:- Heel&Toe,Toe&Heel 1/2 L)

Begin Dance Again At 12 O-Clock

TAG 2: 4 Counts At The End Of Wall 8. Stomp Rf Side R With L Hand On L Hip,R Hand Raised With Index Finger Up(1) Hold With Attitude (2,3,4)

Begin Dance Again At 6 O-Clock

ENJOY AND HAVE FUN