

Pacific Coast Highway

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BY STEPHEN

拍數: 64 牆數: 2 級數: Advanced Cha Cha
編舞者: Simon Ward (AUS) & José Miguel Belloque Vane (NL) - May 2018
音樂: Pacific Coast Highway (feat. Max) - Two Friends : (Album: Out Of Love)



[1-9] Rock L back, R fwd, L fwd, R shuffle, Rock L fwd, Recover R, Weave R

1-3 Rock/step left back kicking right forward, Step right forward, Step left forward 12.00
4&5 Step right slightly forward, Lock/step left behind right, Step right slightly forward 12.00
6-7 Rock/step left forward, Recover back on right sweeping left foot back 12.00
8&1 Step left behind right, Step right to right side, Cross/step left over right 12.00

[10-17] R side, ¼ L, R shuffle, L fwd, Pivot ½ R, ¼ R chasse L

2-3 Rock/step right to right side, Recover weight onto left turning ¼ turn left 9.00
4&5 Step right slightly forward, Lock/step left behind right, Step right slightly forward 9.00
6-7 Step left forward, Pivot ½ turn right taking weight onto right 3.00
8&1 Make a ¼ turn right & step left to left side, Step right beside left, Step left to left side 6.00

[18-24] Rock R back, Recover L, ¼ L, ¼ L stepping L side, Hold, R beside L, Cross/step L, R side

2-3 Rock/step right behind left, Recover weight onto left 6.00
4-5 Make a ¼ turn left & step right back 3.00, Make a further ¼ turn left & take a large step to left side on left 12.00
6 Hold and slide right foot towards left 12.00
&7-8 Step right beside left, Cross/step left over right, Step right slightly to right side 12.00

[25-32] Touch L, Step L, Touch R turning 1/8 L, Step R, L heel, Step L, R fwd, Pivot ½ L, R fwd, Spiral turn L, L fwd

1&2& Touch left beside right, Step left beside right, Touch right beside left & turn 1/8 turn left, Step right beside left 10.30
3& Touch left heel forward, Step left beside right 10.30
4-5 Step right forward, Pivot ½ turn left taking weight onto left 4.30
6-8 Step right forward starting to make full spiral turn left on right foot, Continue full spiral turn left, Step left forward 4.30

****On wall 6 you will do the spiral turn twice and continue on with dance from count 33****

[33-40] Walk fwd R,L,R, L shuffle, Rock R fwd, Recover L, ¼ turn R, Step R, Cross/step L

1-3 Walk forward right, left right 4.30
4&5 Step L fwd, Lock R behind L, Step L fwd 4.30
6-7 Rock/step R fwd, Recover weight back onto L 4.30
8& Make ¼ Turn R stepping R to R, Step L across R 7.30

[41-48] R side, Hold, Step L beside, Toe switches, Body roll, Step R beside L, Point L toe, ¼ L, ½ turn R

1,2 Step R to R side, Hold 7.30
&3&4 Step L beside R, Point R toe to R side, Step R beside L, Point L toe to L side 7.30
5&6 Side body roll to L taking weight onto L (start roll with R shoulder), Step R beside L, Point L toe to L side 7.30
7,8 Make ¼ turn L stepping L back in place 4.30, Make ½ turn R to 10.30 stepping R slightly fwd

[49-56] L fwd, Full turn R, 1/8 turn R, R coaster step, Rock L fwd, Recover R, L Shuffle back

1,2 Step L fwd starting to make a full turn R on L, Continue a further 1/8 turn R to 12.00 sweeping R back
3&4 Step R back, Step L beside R, Step R fwd 12.00
5-6 Rock L fwd, Recover back onto R 12.00
7&8 Step L back, Slightly cross/step R over L, Step L back 12.00

[57-64] Rock R back, Recover L, Triple step on R turning ½ L, Step L back sweeping R, Step R back sweeping L

- 1-2 Rock/step R back, Recover weight onto L 12.00
3&4 Turn ¼ turn L & step R to R side, Step L beside R, Turn ¼ turn L & step R back (1/2 turn shuffle) 6.00
5-6 Step L slightly back sweeping R back for 2 counts 6.00
7-8 Step R slightly back sweeping L back for 2 counts 6.00

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