

Esa Mujer

拍數: 96 牆數: 4 級數: Phrased Intermediate
編舞者: Els de VOS (NL) - June 2018
音樂: Esa Mujer - Julio Iglesias : (CD: Divorcio)



Intro: 32 counts - Sequence A, B en Tag, A 32 Restart ,A,B,B,B, ending B 8 counts

PART A - 64 counts

A1: Side , rockstep, chassé, step left diagonal, half turn left , lockstep

1-2-3 Step LF left, rock RF back, recover LF
4&5 Step RF right, step LF beside, step RF right
6-7 Step LF fwd right diagonal, 1/2 turn left, step RF back (12.30)
8&1 Step LF back, step RF across LF, step LF back

A2: Step back, step beside, lockstep fwd, step half turn left, 1/8 turn left chassé left.

2-3 Step RF back, step LF beside
4&5 Step RF fwd , step LF behind, step RF fwd
6-7 Step LF fwd, half turn left, step RF back (12.30)
8&1 Turn 1/8 left, step LF left, step RF beside, step LF left (12.00)

A3: Rock back, chassé, rock back chassé,

2-3 Rock RF back recover LF (look over your right shoulder)
4&5 Step RF right, step LF beside, step RF right
6-7 Rock LF back, recover RF(look over your left schoulder)
8&1 Step LF left, step RF beside, step LF left

A4: Rock back, shuffle fwd, half turn right shuffle fwd

2-3-4&5 RF rock back recover LF, step RF fwd, step LF beside, step RF fwd
6-7-8&1 Step LF fwd, half turn right, step LF fwd, step RF beside(#tag2), step LF fwd

A5: cross turn left, cross shuffle, side rock, sailor ¼ left

2-3 Step RF fwd across LF, ½ turn left
4&5 Step RF across LF, step LF left, step RF across LF
6-7 Step LF left, recover RF
8&1 Step LF behind RF, step RF right, ¼ turn left, step LF fwd.

A6: Rock step lock step back, rock step lock step back

2-3 Rock RF fwd recover LF
4&5 Step RF back, step LF across RF, step RF back
6-7 Rock LF back, recover RF
8&1 Step LF back, step RF across LF, step LF back

A7: Half turn right, walk, walk, lockstep back, rock step, coasterstep ¼ turn

2-3 ½ turn right, walk RF fwd, walk LF fwd
4&5 Step RF back, step LF across RF, step RF back
6-7 Step LF back, recover RF
8&1 ¼ turn right, step LF back, Step RF beside ,step LF fwd

A8: Side rock, sailor cross, rock step , step beside.

2-3 Step RF right, recover LF
4&5 Step RF behind LF, Step LF left, Step RF across LF
6-7 Step LF fwd, recover RF
8 Step LF beside RF

PART B - 32 counts

B1: Cross rock, side, cross rock, side, press fwd, step back 4 times

1-2&3-4& Step RF across LF, recover LF, step RF right, Step LF across RF, recover RF, step LF left
5&6&7&8& Step ball of RF fwd and press, step RF back. This R,L,R,L

B2: Walk, walk, shuffle, step ¼ turn right shuffle

1-2-3&4 Step RF fwd, Step LF fwd, Step RF fwd, step LF beside, step RF fwd
5-6-7&8 Step LF fwd, ¼ turn right, step LF fwd, step RF beside LF, step LF fwd

B3/B4: Repeat these 16 steps with a half turn right.(# Tag 1 - count 31&32)

Tag 1: part B wall 2, count 31&32 dance: 31-32 walk LF fwd walk RF fwd Restart: part A wall 4, after 32&counts.....ENDING: Dance part B 32 counts: step halfstep L fwd, step R next.

ENJOY

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