

More You

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Brenda Holcomb's Thomasville Dance Class - July 2018
音樂: More You - George Canyon



Side Shuffle R, Rock L, Side Shuffle L, Rock R

1&2 Step R to R side, Step L together & Step R
4-5 Rock back L, Recover weight back to R
5&6 Step L to L side, Step R together & Step L
7-8 Rock back R, Recover weight back to L

Heel Pump Forward 2X, Coaster, Repeat

1-2 Pump R heel forward 2 times
3&4 Step back R, Step back L, Step forward R
5-6 Pump L heel forward 2 times
7&8 Step back L, Step back R, Step forward L

****Tag and Restart: Beginning dance Wall 2 after 16 counts,**

Tag: 4 counts 1 Right Rocking Chair facing 3:00 o'clock and then Restart the Dance.

Vine R with a ¼ Turn R, Vine L

1-2 Step R to R side, Step L behind R
3-4 Turn ¼ R with R, Touch L
5-6 Step L to L side, Step R behind L
7-8 Step L to L side, Touch R

Sailor Shuffle R, Sailor Shuffle L, Kickball Step R (2X)

1&2 Step R behind L, Step L to L side, Step R beside of L
3&4 Step L behind R, Step R to R side, Step L beside of R
5&6 Kick R forward, Step back on R, & Step on L
7&8 Kick R forward, Step back on R, & Step on L

Repeat

****Tag: 4 count Right Rocking Chair on Wall 2 after 16 counts then
Restart: after Tag on Wall 2 (this Tag and Restart is done only once)**