Second Time Around



拍數: 64 牆數: 2 級數: Intermediate 編舞者: Fred Whitehouse (IRE) & Darren Bailey (UK) - July 2018

音樂: The Second Time Around - Jack Mosbacher



Intro:	3 Count	intro	from	start	of track

Sequence: 64, 28, Tag, 64, 28, Tag, 64, 32, 28, Tag, Tag

S1: Walk, Wa	k. Hold	. Ball.	Step.	Step.	. Point.	Step.	. Point
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1-2	Step RF torward	Step I F forward

3&4 Hold, Step on ball of RF, Step forward on LF
5-6 Step forward on RF, Point LF to L side
7-8 Step forward on LF, Point RF to R side

S2: Close, Rock with hip roll, Behind, Side, Cross, Drag to R, Ball, Cross, ¼ turn L

&1-2 Close RF next to LF, Rock LF to L side, Recover onto RF (rolling hips Anti-clockwise)

3&4 Cross LF behind RF, Step RF to R side, Cross LF in front on RF
5-6& Take a big step to R with RF, Drag LF toward RF, Step LF next to RF

7-8 Cross RF over LF, Make a 1/4 turn L and step forward on LF

S3: 1/4 turn L with Hips rolls (R, L), Twists down and up

1-2 Make a ¼ turn L and step RF to R side whilst rolling hips Anti-clockwise, Bump hips to L

3-4 Roll hips Clockwise, Bump hips to R

5-6 Step RF next to L as you lower down slightly, Step LF next to R as you lower down

7-8 Step RF next to L as you start to straighten back up, Step LF next to R as you stand upright

(As you go down move knees to the L,R,L,R, or as we say wiggle down and wiggle up)

S4: Out, Out, In, In, Walk, Walk, Step, ½ turn, L Coaster

&1&2 Step out with RF, Step out with LF (onto toes), Step In, with RF, Step In with LF (flat of feet)

3-4 Step forward on RF, Step forward on LF

5-6 Step forward on RF, Make a ½ turn L keeping weight back on RF

7&8 Step back on LF, Close RF next to LF, Step forward on LF

S5: Walk to L diagonal x2, Shuffle forward, ½ pencil turn L, Shuffle forward

1-2 Make a 1/8 turn L to face L diagonal and Step forward on RF, Step forward on LF (facing

10:30)

3&4 Step forward on RF, Close LF next to RF, Step forward on RF (facing 10:30)

5-6 Step forward on LF, Make a ½ turn L bringing RF toward LF (weight on LF) (facing 4:30)

7&8 Step forward on RF, Close LF next to RF, Step forward on RF (facing 4:30)

S6: Step, Sweep, Cross Samba, Cross, Side, Sailor 1/4 turn L

1-2 Step forward on LF, Sweep RF from back to front (facing 4:30)

3&4 Cross RF over LF, Rock LF to L side turning slightly to face 6:00, Recover onto RF

5-6 Cross LF over RF, Step RF to R side

7&8 Cross LF behind RF, Step RF next to LF, Make a ¼ turn L and Step forward on LF

S7: Prissy Walks, R, L, Step ½ turn L, Full Turn L

1-2 Step forward on RF, Hold

3-4 Step forward on LF, Hold

5-6 Step forward on RF, Make a ½ turn pivot L

7-8 Make a ½ turn L and step back on RF, Make a ½ turn L and step forward on LF

S8: Rock Forward, Recover, Back shuffle, Back rock, Recover, Step, Sweep 1/4 turn L

1-2	Rock forward on RF, Recover onto LF
3&4	Step back on RF, Close LF next to RF, Step back on RF
5-6	Rock back on LF, Recover onto RF
7-8	Step forward on LF, Make a ¼ turn L weeping RF from back to front.
Tag:	
TS1: Step, Swe	eep, Cross, Side, Behind, Heel bounces with ½ turn L, Diagonal touches
1-2	Step RF forward sweep LF from back to front over 2 counts
3&4	Cross LF over R, Step RF to R side, Step LF behind R
5-6	½ turn L bouncing both heels x2 finishing with weight on LF
&7&8	Step RF to R diagonal, touch LF next to R, Step LF to L diagonal, touch RF next to L
TS2: Step, Swe	eep, Cross, Side, Behind, Heel bounces with ½ turn L, Pivot ½ turn L x2
1-2	Step RF forward sweep LF from back to front over 2 counts
3&4	Cross LF over R, Step RF to R side, Step LF behind R
5-6	½ turn L bouncing both heels x2 finishing with weight on LF
&7&8	Step RF forward, pivot ½ turn L place weight on LF, step RF forward, pivot ½ turn L place weight on LF

Hope you enjoy the dance. Live to Love; Dance to Express.