

# Rock Steady

**COPPER KNOB**  
BY STEPHEN

拍數: 36      牆數: 4      級數: Intermediate  
編舞者: DK - 2017  
音樂: Rock Steady - Bryan Adams & Bonnie Raitt



Begin on vocals

## SET 1: FORWARD ROCK STEP SHUFFLE S (12:00)

1, 2      Rock Left Foot forward and back on Right  
3&4      Mambo in place (LRL)  
5,6      Rock Right Foot forward and back on Left  
7&8      Mambo in place (RLR))

## SET 2: ½ TURN - 1/2 TURN SHUFFLE - SWAY STEPS - SHUFFLE IN PLACE

1,2      Step forward on Left 1/2 turn to right on Right, facing (6:00)  
3&4      ½ Turn right Shuffle (LRL), facing (12:00)  
5,6      Right Slide Step angled back & right, Left Slide Step angled back & left side (swaying hips)  
7&8      Mambo Sway in place, bringing Feet together (RLR)

## SET 3: 1/2 TURN ANGLED SHUFFLE, 1/2 TURN MAMBO

1,2      Step Left forward to (1:00) turning right, step 1/2 turn on Right towards (7:00)  
3&4      Shuffle (LRL), finish facing (6:00)  
5,6      Step Right forward (6:00) with 1/2 turn left stepping on Left facing (12:00)  
7&8      Mambo Sway in place (RLR) still facing (12:00)

## SET 4: CROSS STEP MAMBO, 1/4 TURN MAMBO

1,2      Cross Left over Right, step on Right  
3&4      Mambo moving back and forwards (LRL) (12:00)  
5,6      Step Right forward turning 1/4 turn to left, recover onto Left (9:00)  
7&8      Mambo back and forward, (RLR)(facing 9:00)

## SET 5: PIVOT TURN STEP PIVOTS

1      Step Left forward (9:00)  
2      Pivot 1/2 turn right onto Right (3:00)  
3      Step Left forward (3:00)  
4      Pivot 1/2 turn right onto Right (9:00)

**REPEAT - No Tags, No Restarts**

Contact: [dklinedancing@gmail.com](mailto:dklinedancing@gmail.com)