# My Life Is Tango



拍數: 64 牆數: 4 級數: Improver

編舞者: Penny Tan (MY) & Jennifer Jou (TW) - July 2018

音樂: My Life is Tango - Voga Experience



#### Intro:8 counts

Sequence:56 Restart/64/32 Restart/64/64/32 Restart/64/64/32 Restart/40/Ending Pose

# Sec 1: FWD,HOLD,FWD,HOLD,SIDE LUNGE,RECOVER,TOGETHER,HOLD

1 – 4 Fwd walk RF,hold.fwd walk LF,hold

5 – 8 RF big step lunge side, recover on LF, step RF together, hold

#### Sec 2: BACK, SWEEP, BACK, SWEEP, BEHIND, 1/4 R FWD, STEP, HOLD

1 – 4 Step LF back, sweep RF from front to back, step RF back, sweep LF from front to back

5 – 8 Step LF behind RF,1/4 R step RF fwd,step LF to L,hold 3:00

## Sec 3: CROSS, BEHIND TOUCH, BACK, STEP, CROSS, SIDE, BEHIND, SIDE

1 – 4 Cross RF over LF,touch LF behind RF,step LF back,step RF to R
 5 – 8 Cross LF over RF,step RF to R,cross LF behind RF,step RF to R

#### Sec 4: CROSS, BEHINDTOUCH, BACK, STEP, CROSS, SIDE, BEHIND, SIDE

1 – 4 Cross LF over RF, touch RF behind LF, step RF back, step LF to L
 5 – 8 Cross RF over LF, step LF to L, cross RF behind LF, step LF to L

\*Restarts here in wall 3,6&10

# Sec 5: WALK FWD RL, TOUCH FWD, 1/2 L FLICK, STEP, LUNGE FWD, 1/2 RIGHT TURN BODY, STEP

1-2 Walk Fwd RL

3-4 Touch RF fwd , 1/2 left turn flick RF 9:00

5-6 Step RF, LF big step lunge fwd

7-8 1/2 right turn body(weight on LF), step RF fwd 3:00

# Sec 6: FWD, TOUCH, CIRCLE, HITCH, BEHIND, 1/4 LEFT TURN STEP FWD, STEP, LOOK R, LOOK FWD

1 -2 Step LF fwd , Touch RF beside LF

3-4 RF quick making a circle clock wise, hitch RF
5-6 Step RF behind LF, 1/4 left turn, step LF fwd 12:00
7-8& Step RF beside LF, head look to R, look fwd

#### Sec 7: DIAMOND STEP 1/2 R

1 - 4 Cross RF over LF, 1/8 right turn LF step to L side ,1/8 R step RF back hitch LF 3:00

5 - 8 Step RF back, 1/4 right turn step LF fwd, step LF fwd, hitch RF 6:00

\*Restart here in wall 1

## Sec 8: CROSS,HITCH, CROSS,SIDE TOUCH, TOGETHER,SIDE TOUCH,TOGETHER,SIDE TOUCH

1 - 2 Cross RF over LF, hitch LF

3 - 4 Cross LF over RF, touch RF to R side

5 – 8 Step RF beside LF, touch LF to L side, step LF beside RF, touch RF to R side - 6:00

Ending: At the end of wall 11, dance up to counts 38 (Lunge fwd) facing 12:00,

Recover weight on RF, step LF beside RF, then finish the dance with a step RF to R side, recover on LF, stomp RF beside LF.

Happy & enjoy dance!!

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