

It's Not Goodbye

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
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音樂: It's Not Good-Bye - Laura Pausini



Intro : 16 Count

I. Forward – Recover – Turn ½ - ½ Left with Sweep – Cross Behind – Side – Cross – Recover – Side – Cross – Chaine Turn.

1-2&3 Step L forward, Recover on R, Turn ½ Left step L forward, Turn ½ Left step R back sweep L back
4&5 Step L cross behind R, Step R to side, Cross L over R
6&7 Recover on R, Step L to side, Cross R over L
8& Step L close to R make a full turn, Step R forward (10.30)

II. Forward turn ½ Right – Forward R – L with Sweep – Forward R – L – Nightclub – Sway L – R – L

1-2-3 Step L forward turn ½ Right (weight on L), Step R forward sweep L to front, Step L forward sweep R to front (4.30)
4&5 Step R forward, Step L forward, Step R to side (3.00)
6&7 Step L slightly behind R, Cross R over, Step L to side (Sway)
8& Sway R, L (3.00)

III. Step Side with Lunge – Full Turn Left – Nightclub – Turn ¼ Right with Sweep – Cross – Side – Behind with Sweep – Behind – Turn ¼ Left Forward

1-2& Step R to side with lunge, Turn ¼ Left recover on L, Turn ½ Left step R back (6.00)
3-4& Turn ¼ Left step L to side, Step R slightly behind L, Cross L over R (3.00)
5-6& Turn ¼ Right step R forward sweep on L, Cross L over R, Step R to side (6.00)
7-8& Cross L behind sweep R back, Cross R behind, Turn ¼ Left Step L forward (3.00)

IV. Forward – Recover – Turn ½ - Spiral – Forward R – L – R Turn ½ Left – Forward L – R – Long Step – Forward R

1-2& Step R forward, Recover on L, Turn ½ Right step R forward (9.00)
3-4& Step L forward full turn to Right, Step R forward, Step L forward
5-6& Step R forward turn ½ Left (weight on R), Step L forward, Step R forward
7-8 Long step forward on L drag R to L, Step R forward (3.00)

#TAG on Wall 2 (1 -2 : Step L forward, Step R forward Make a Full Turn Weight on R)

#Restart on Wall 5 (after 16 Count) & Wall 6 (after 30& Count)

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