Set It All Free

拍數: 48

級數: High Beginner

編舞者: Noah Sierra (USA) - July 2018

音樂: Set It All Free - Scarlett Johansson

Intro Counts: 20

S1: VINE R, VINE L WITH ¼ PIVOT.

- Step R to R side, cross L behind R, step R to R side, touch L on R. 1-4
- 5-8 Step L to L side, cross R behind L, step L to L side, touch L on R with 1/4 pivot.

S2: PIVOT ½, TRIPLE FORWARD (RLR), POINT R FRONT, POINT R SIDE, TRIPLE IN PLACE.

- 1-2 Step R foot in front, pivot 1/2 L.
- 3&4 Step R foot slightly in front, step L foot slightly in front, step R foot slightly in front.
- 5-6 Point L toe in front, point L toe to L side.
- Step L foot beside R, step R foot beside L, step L foot beside R. 7&8

S3: HEEL JACKS.

- 1-4 Step R foot to R side, cross L foot behind R, step R foot to R side, kick L foot to L side.
- 5-8 Step L foot to L side, cross R foot behind L, step L foot to L side, kick R foot to R side.

S4: R TOE, R HEEL, MAMBO (RLR), L TOE, L HEEL, MAMBO (LRL).

- 1-2 Point R toe in, point R heel out.
- 3&4 Rock R backwards, recover on L, touch R on L.
- 5-6 Point L toe in, point L heel out.
- 7&8 Rock L backwards, recover on R, touch L on R.

S5: VINE R, VINE L.

- Step R to R side, cross L behind R, step R to R side, touch L on R. 1-4
- 5-8 Step L to L side, cross R behind L, step L to L side, touch R on L.

S6: JAZZ BOX X2.

- 1-4 Cross R over L, step L backwards, step R to R side, touch L on R.
- 5-8 Cross R over L, step L backwards, step R to R side, touch L on R.

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

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