

# My Sailor

COPPER KNOB  
BY STEPHEN BATES

拍數: 64      牆數: 4      級數: Beginner  
編舞者: Karen Raines (AUS) - August 2017  
音樂: Sailor - Petula Clark



Dance info: Weight on left foot 16 count intro

**Walk Forward Right Left, V Step Right Left, Angle 10.30 Walk Forward Right Left, Forward Right Half Pivot**

1234      Walk forward right left, v step right left  
5678      Walk forward right left 10.30, step forward on right, half pivot 4.30

**Forward Right, Back Half, Rolling Shuffle ½ ½ ½, Rock Forward Recover, Behind Side Cross**

123&4      Step forward on right, ½ back on left, roll the shuffle rlr ½, ½, ½ 4.30  
567&8      Rock forward on left, replace right, step left behind right, step right to the side straightening to nearest wall, cross left over right 6oclock

**Step Side Together Toe Back ¼ Pivot, Repeat**

1234      Step right to the side, step left next to right, step right toe slightly back, ¼ pivot 9oclock  
5678      Step right to the side, step left next to right, step right toe slightly back, ¼ pivot 12oclock

**Back Right Left ½ ½ Back Recover Kick Ball Cross**

1234      Step back on right, step back on left, ½ back on right 6oclock, ½ back on left 12oclock  
567&8      Rock back on right, replace left, kick right foot forward, step right beside left, cross left over right

**Side Rock Recover Cross ¼ Back ¼ Cross Side Together**

1234      Rock right to the side, replace left, cross right over left, step back ¼ on left 3oclock  
5678      Step ¼ on right 6oclock cross left over right, step right to the side, step left beside right

**Back Back Toe Back Half Pivot, Back Back Rolling Shuffle ¼ ½ ½**

1234      Step right back, step left back, step right toe back, ½ pivot 12oclock  
567&8      Step right back, step left back, step ¼ on right 3oclock, ½ on left 9oclock, ½ on right 3oclock

**¼ Rock Recover Cross ¼ Back ½ ¼ Rock Recover Cross**

1234      Step ¼ on left 6oclock, replace right, cross left over right, step ¼ back on right 3oclock  
5678      ½ step on left 9oclock, ¼ step on right 6oclock, replace left, cross right over left ¼ back, ½, forward shuffle lrl,

**Walk Back R,L,R ½ Ball Left Right, Step Left, Restart Dance**

123&4      Step ¼ back on left 9oclock step ½ on right 3oclock shuffle forward left, right, left  
567&8&&      Walk back right, left, right, ½ ball left right 9oclock, step forward on left restart dance

Dance finishes on count 5

No Tags, No Restarts

Contact: [Krnraines0800@gmail.com](mailto:Krnraines0800@gmail.com)