

The Voices Of Sweet Jamaica

COPPER **KNOB**
BY SHEETS

拍數: 48 牆數: 4 級數: Improver

編舞者: Val Saari (CAN) - July 2018

音樂: The Voices of Sweet Jamaica (All Star Remix) - Shaggy, Josey Wales, Mr. Vegas, Barrington Levy, U-Roy, Beenie Man, T.O.K., Cocoa Tea, Marcia Griffiths & Singing Melody : (iTunes)



RF TOE-STRUT MODIFIED JAZZ BOX, RF MAMBO BACK

1-2 Cross RF over L, Touch RF toe - drop R heel
3-4 Step LF left on toes, LF heel down
5-6 Rock RF back, Recover LF
7-8 Step RF together, hold

LF TOE-STRUT MODIFIED JAZZ BOX, LF MAMBO BACK

1-2 Cross LF over R, Touch LF toe - drop L heel
3-4 Step RF right on toes, RF heel down
5-6 Rock LF back, Recover RF
7-8 Step LF together, hold

MAMBO RIGHT, MAMBO LEFT

1-2 RF Rock side right, LF recover
3-4 RF close together beside L, hold
5-6 LF Rock side left, RF recover
7-8 LF close together beside R, hold

STEP PIVOT 1/2, STEP PIVOT 1/4

1-2 Step RF forward, hold
3-4 Pivot 1/2 turn left, hold
5-6 Step RF forward, hold
7-8 Pivot 1/4 turn left, hold

SCISSOR STEPS FORWARD (R,L)

1-2 RF Step R, LF Recover
3-4 RF crosses LF and Hold (push and cross)
5-6 LF Step L, RF Recover
7-8 LF crosses RF and Hold (push and cross)

TOE-STRUTS BACK X 4 (R,L,R,L)

1-2 Touch RF toes back, Drop heel
3-4 Touch LF toes back, Drop heel
5-6 Touch RF toes back, Drop heel
7-8 Touch LF toes back, Drop heel

REPEAT - No Tags, No Restarts

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