

Jacy's Rhythm

拍數: 64 牆數: 2 級數: Improver
編舞者: Angéline Fourmage (FR) - July 2018
音樂: Jacy by Androma



Sequence : 48-64-48-64-64-64-64

Start : 32 COUNTS

[1-8] : Step R, Step L, Chassé R, Step L, Step R, Chassé L

1-2 RF to R side, LF to L side
3&4 RF to R side, LF next to RF, RF to R side
5-6 LF to L side, RF to R side
7&8 LF to L side, RF next to LF, LF to L side

[9-16] : Step ¼ L, Hold, Step ½ R, Hold, Step, Hold, Step ½ L, Hold

1-2 RF to R side with ¼ L, Hold
3-4 LF to L side with ½ R, Hold
5-6 RF to R side, Hold
7-8 LF to L side with ½ L, Hold

[17-24] : Paddle turn 1/2 L, Together, Paddle turn ¼ R

1-2 Point RF to the R side with 1/8 L, Point RF to the R side with 1/8 L
3-4 Point RF to the R side with 1/8 L, RF next to LF with 1/8 L
5-6 Point LF to the L side with 1/16 R, Point LF to the L side with 1/16 R
7-8 Point LF to the L side with 1/16 R, LF next to RF with 1/16 R

[25-32] : Jazz-Box, Mambo

1-2 Cross RF over LF, LF Back
3-4 RF to R side, LF next to RF* (* Option : Jump)
5&6 RF to R side, Recover to LF, RF next to LF
7&8 LF to L side, Recover to LF, LF next to RF

[33-40] : V Step, Triple Step, Heel, Heel

1-2 RF to R diagonal FW, LF to L diagonal FW
3&4 RF back, LF next to RF, RF back
5-6 Touch L heel FW, LF next to RF
7&8 Touch R heel FW, RF next to LF

[41-48] : V Step, Triple Step, Heel, Heel

1-2 LF to L diagonal FW, RF to R diagonal FW
3&4 LF back, RF next to LF, LF back
5-6 Touch R heel FW, RF next to LF
7&8 Touch L heel FW, LF next to RF

[49-56] : Rock Step, Coaster-Step, Rock Step, Coaster-Step

1-2 RF FW, Recover to LF
3&4 RF back, LF next to RF, RF FW
5-6 LF FW, Recover to RF
7&8 LF back, RF next to LF, LF FW

[57-64] : Mambo, Jump ¼ L, Jump ¼ L, Jump ¼ L, Jump ¼ L

1&2 RF to R side, Recover to LF, RF next to LF
3&4 LF to L side, Recover to LF, LF next to RF

5-6 Jump $\frac{1}{4}$ L, Jump $\frac{1}{4}$ L
7&8 Jump $\frac{1}{4}$ L, Jump $\frac{1}{4}$ L

NOTA : RF = Right Foot , LF = Left Foot , FW = Forward
Smile and enjoy the dance

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