

Hawaiian Cha Cha (夏威夷恰恰) (zh)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Nina Chen (TW) - 2018年07月
音樂: Pearly Shell - Tiny Bubbles (Remix)



Intro: 40 counts

Sec1: SIDE - TOGETHER. (x4)

1-4 Step RF to R (while push L hip) - Step LF beside RF - Step RF to R (while push L hip) - Step LF beside RF
5-8 Step RF to R (while push L hip) - Step LF beside RF - Step RF to R (while push L hip) - Step LF beside RF
1-4 右足右踏 (同時左臀外推) - 左足併踏右足旁 - 右足右踏 (同時左臀外推) - 左足併踏右足旁
5-8 右足右踏 (同時左臀外推) - 左足併踏右足旁 - 右足右踏 (同時左臀外推) - 左足併踏右足旁

Sec2: FWD - LOCK, FWD SHUFFLE, 1/4 L FWD - LOCK, FWD SHUFFLE

1-2, 3&4 Step RF fwd - Lock LF behind RF, Fwd shuffle (R L R)
5-6, 7&8 1/4 turn L (9:00) step LF fwd - Lock RF behind LF, Fwd shuffle (L R L)
1-2, 3&4 右足前踏 - 左足鎖於右足後, 前交換步 (右 左 右)
5-6, 7&8 向左轉 1/4 (9:00) 左足前踏 - 右足鎖於左足後, 前交換步 (左 右 左)

Sec3: CROSS - 1/4 R BACK, BACK SHUFFLE, ROCK BACK - RECOVER, BACK SHUFFLE 1/2 R

1-2, 3&4 Cross RF over LF - 1/4 turn R (12:00) step LF back, Back shuffle (R L R)
5-6, 7&8 Rock LF back - Recover on RF, Back shuffle (L R L) 1/2 turn R (6:00)
1-2, 3&4 右足前踏 - 右轉1/4 (12:00) 左足後踏, 後交換步 (右 左 右)
5-6, 7&8 左足後下沉 - 重心回右足, 後交換步 (左 右 左) 向右轉1/2 (6:00)

Sec4: ROCK BACK - RECOVER - FWD - PIVOT 1/4 L, SWAY

1-4 Rock RF back - Recover onto LF - Step RF fwd - Pivot 1/4 L weight on LF
5-8 Sway hips (R L R L)
1-4 右足後下沉 - 重心回左足 - 右足前踏 - 向左踏轉1/4 (3:00) 重心回左足
5-8 搖擺臀部 (右 左 右 左)

Have Fun & Happy Dancing !!!

Contact Nina Chen : nina.teach.dance@gmail.com