

No Tears Left To Cry

拍數: 32 牆數: 2 級數: High Improver
編舞者: David LECAILLON (FR) - July 2018
音樂: no tears left to cry - Ariana Grande



Start on the word « right now »

intro

section 1 : cross sweep, cross sweep, step pivot full turn with hitch, step hold

1-2 left cross over right, step right sweeping back to front 12:00
3-4 right cross over left, step left sweeping back to front
5-6 left forward , full turn to Right with right hitch 12:00
7-8 step right forward, hold

section 2 : step forward, rise kick, coaster step, step pivot ½, full turn

1a2 step left forward on left ,raise right knee up ,straighten right leg into a kick forward
3&4 step right behind, step left next to right, step right forward
5-6 step left forward, pivot ½ turn to right
7-8 make ½ turn to right step left behind, make ½ turn to right step right forward 6:00

section 3: cross sweep, cross sweep, step pivot full turn with hitch, step hold

1-2 left cross over right, step right sweeping back to front 6:00
3-4 right cross over left, step left sweeping back to front
5-6 step left forward , full turn to Right with right hitch 6:00
7-8 step right forward, step left forward

dance

section 1 : dorothy step, step 1/2 turn,hitch, step hip bumps, step ,kick ¼ turn

1-2& step right on right diagonal, lock left behind right, step right forward
3-4 make ¼ turn to left ,step left forward, ¼ turn to left and right hitch 12:00
5&6 step right to right side with hip bumps,
7-8 right stomp on right side , ¼ turn to Left and left kick forward 9:00

section 2 : coaster step , step pivot ¼ tour , toe strut , toes strut

1&2 left step behind, right step next to left , step left forward
3-4 right step forward , pivot ¼ turn to Left 6:00
5-6 right toe behind, put right heel
7-8 left toe behind, put left heel

Tag - here on the wall 4 (12h00), wall 5 (6h00) and wall 8 (12h00).

section 3 : walk , walk , roching chair , step, full turn, touch

1-2 walk right forward, walk left forward
3&4& rock right forward , recover on left, rock right behind, recover on left
5-6 step right forward, ½ turn to right step left behind
7-8 ½ turn to right ,right step forward , touch left next to right 6h00

section 4 : rock step , sailor step ½ turn with sweep , step, hold , full turn, walk

1-2 rock left on left side , recover on right
3&4 step left behind right with sweeping ½ turn to Left, step right to right side , step left next to right 12h00
5-6 step right forward, hold
&7-8 ½ turn to right left step behind, ½ turn to right with right step forward , walk left forward 12:00

Tag : Repeat section 3 with step changing finish with step left forward

- 1-2 walk right forward, walk left forward
- 3&4& rock right forward , recover on left, rock right behind, recover on left
- 5-6 step right forward, ½ turn to right step left behind
- 7-8 ½ turn to right, right step forward , step left forward

Final : Dorothy step, step full turn, hitch, step hip bumps, step ,kick

- 1-2& step right on right diagonal, lock left behind right, step right forward
- 3-4 make 1/2 turn to left step left forward, turn 1/2 turn to left and right hitch
- 5&6 step right to right side with hip bumps,
- 7-8 right stomp on right side , left kick forward

Start again with a smile

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