

# Henry

拍數: 34      牆數: 4      級數: Beginner Polka  
編舞者: Alvaro Arienti (IT) - June 2018  
音樂: Henry - New Riders of the Purple Sage



## (1) SHUFFLE FWD, SHUFFLE BACK, ROCK STEP, SHUFFLE SIDE

1&2      step R fwd, step L beside R, step R fwd  
3&4      turn ½ R & step L back, step R beside L, step L back  
5-6      step R back\*, recover on L\*  
7&8      turn ¼ L & step R to R\*, step L beside R, step R to R

## (2) SAILOR STEP x2, STEP TURN, SHUFFLE SIDE

1&2      step L behind R step R to R, step L diag fwd  
3&4      turn ¼ R & step R behind L, step L to L, step R diag fwd  
5-6      step L fwd\*, turn ½ R (weight on R)\*  
7&8      step L to L\*, step R beside L, step L to L

## (3) KICK, HEEL, TOE, TOE, HEEL, FLICK, HEEL, HOOK, SHUFFLE FWD

1&2&      kick R over L, recover on R, touch L heel over R, recover on L  
3&4&      touch R toe behind L, turn ¼ R & recover on R, turn ¼ R & touch L toe behind R, recover on L  
5&6&      touch R heel fwd, flick R to R, touch R heel fwd, hook R over L  
7&8      step R fwd, step L beside R, step R fwd

## (4) ROCK STEP, SHUFFLE SIDE, TOE, HEEL, CROSS, COASTER STEP

1-2      step L fwd, recover on R  
3&4      turn ¼ L & step L to L, step R beside L, step L to L  
5&6      touch R toe beside L, touch R heel beside L, cross R over L  
7&8      step L back, step R beside L, step L fwd

## (5) TOE TWICE

1-2      touch R toe behind left, touch R toe behind L

Repeat

\* = On chorus (3rd, 5th and 8th wall) add clap

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