AB Take It From Me



拍數: 16 牆數: 4 級數: Ultra Beginner

編舞者: Heather Clark - June 2018

音樂: Take It From Me - Jordan Davis: (CD: Home State - iTunes - 2:54)



It can be done to all kinds of songs and tempos! Have fun! Alt. Music:

Love Somebody - Maroon 5 || Let it Whip - Dazz Band || Too Cool to Dance - Eden Xo || Think About You - Delta Goodrem || Centerfold - J Geils Band || Done For Me - Charlie Puth (feat. Kehlani) || Get Down Tonight - KC and the Sunshine Band

Intro: 16 counts - Starts on vocals, NO TAGS, NO RESTARTS

[1 - 8] SKATE, SKATE, R SHUFFLE FORWARD, SKATE, SKATE, L SHUFFLE FORWARD

1-2	Skate R forward, Skate L forward
3&4	Shuffle forward diagonal R, L, R
5-6	Skate L forward, Skate R forward
7&8	Shuffle forward diagonal L, R, L

[9 - 16] CROSS R, ROCK, RECOVER, CROSS L, ROCK, RECOVER, TWO 1/8 PIVOT TURNS LEFT

1&2	Rock R across L, recover on L, step R out to right
3&4	Rock L across R, recover on R, step L out to left

Step R slightly forward, Pivot 1/8 turn left (weight on L) (10:30)
Step R slightly forward, Pivot 1/8 turn left (weight on L) (9:00)

Start again!

Styling: I like to add some "sass" to the pivot turns and roll my hips around with each pivot turn.

See you on the dance floor!

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