

Don't Give Me No Excuses

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Conrad Farnham (USA) - June 2018
音樂: No Excuses - Meghan Trainor



CROSS R OVER L, STEP L, R SAILOR STEP, CROSS L OVER R, STEP R, ¼ LEFT SAILOR STEP

- 1,2,3&4 Cross right over left, step left to the left, swing right back behind left, step left back beside right, step right forward out to right
- 5,6,7&8 Cross left over right, step right to the right, swing left back behind right, step right back beside left, step left out to left ¼ turn left

KICKBALL CHANGE X 2, STEP ½ PIVOT KICK, L COASTER STEP

- 1&2,3&4 Kick right forward, step right back in place, step left in place, repeat
- 5,6,7&8 Step right forward pivoting ½ turn over left shoulder, kick left forward, step back on left, step right back next to left, step left forward

WIZARD STEP R, WIZARD STEP L, REPEAT

- 1,2&3,4& Step right forward, step left behind right, step right back, step left forward, step right behind left, step left back
- 5,6&7,8& Step right forward, step left behind right, step right back, step left forward, step right behind left, step left back

ROCK, RECOVER, R COASTER, ROCK, RECOVER, TRIPLE ½ OVER L

- 1,2,3&4 Rock right forward, recover weight on left, step right back, step left back beside right, step right forward
- 5,6,7&8 Rock left forward, recover weight on right, turning ½ over left shoulder stepping left, right, left

Begin again

No Tags, No Restarts

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