

Metropolitans

COPPER KNOB
BY STEPHEN

拍數: 16 牆數: 2 級數: Improver
編舞者: Marcel Rohrer (CH) & Monika Ottiger (CH) - May 2018
音樂: Metropolitans - Pegasus



[1-8 Step fwd., Cross R over L, Back L, ½ Turn fwd R, ½ Turn back L, Step Back R, Step fwd. L, Sweep R, Step fwd. R, Sweep L, Cross Rock L, Recover R, Side Step L, Cross Rock R, Recover L, Side Step R

- 1 Step forward Left
 - 2&a Cross Right over Left (2), Step Left back (&), ½ turn Right stepping Right forward (a) - 6:00
 - 3 ½ turn Right stepping Left back - 12:00
 - 4 Step back on Right
 - 5 Step forward on Left and sweeping Right forward
 - 6 Step forward on Right in front of Left and sweeping Left forward
 - 7&a Cross rock Left over Right (7), Recover on Right (&), Step Left to the Left side (a)
 - 8&a Cross rock Right over Left (8), Recover on Left (&), Step Right to the Right side (a)
- (Restart here on Wall 3 [12.00], Wall 7 [6.00] Wall 10 [6.00])

[9-16] Cross L over R, ¼ Turn Back R, ¼ Turn Side L, Cross R over L, Rock L / Sway L, Recover / Sway R, Step fwd. L, Hitch/Kick R, ½ Turn fwd. R, ½ Turn back L, Step Back R

- 1&a Cross Left over Right (1), ¼ turn Left stepping Right back (&), ¼ turn Left stepping Left to side (a) 6:00
- 2 Cross Left over Right
- 3 Side Rock Left and Sway Left
- 4 Recover on Right and Sway Right (Add Ending on Wall 14)
- 5&a Step forward on Left (5), Hitch Right Knee (&), Kick Right Foot forward (a)
- 6 ½ turn Right stepping Right forward - 12:00
- 7 ½ turn Right stepping Left back - 6:00
- 8 Step back on Right

From The Top.....

Ending on Wall 14 (starting 12:00)

Add:

- 5 Cross Left over Right
- 6 Unwind ½ turn to the Right and smile - 12:00

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