

Hey, Wanna Go Back In Time?

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Val Saari (CAN) - June 2018
音樂: Those Were the Nights - Hunter Brothers : (iTunes)



SIDE TOGETHER CHA CHA CHA X 2, RL, PIVOT 1/4 L

1-2 Step RF right, Step LF together
3&4 Step RF right , Step LF together, Step RF in place (cha, cha, cha)
5-6 Step LF left, Step RF together
7&8 Step LF 1/4 pivot left, Step RF together, Step LF in place (Cha, Cha, cha)

WALK FORWARD, MAMBO FORWARD, WALK BACK, MAMBO BACK

1-2 Walk forward, RF, LF
3&4 Rock forward on RF, Recover LF, Step back on RF
5-6 Walk back, LF, RF
7&8 Rock back on LF, Recover RF, Step LF beside right

MODIFIED TOE TRIANGLE, SAILOR STEP X 2, (R,L)

1-2 Touch RF toes forward, Touch RF toes to R side
3&4 Sailor Step RLR
5-6 Touch LF toes forward, Touch LF toes to L side
7&8 Sailor Step LRL

RF KICK TWICE, RF MAMBO BACK, LF KICK TWICE, LF MAMBO BACK

1-2 Kick RF forward twice
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 Kick LF forward twice
7&8 Rock LF back, Recover RF, Step LF beside right

REPEAT - No Tags, No Restarts

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