

# Generation X

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Absolute Beginner  
編舞者: Hayley Wheatley (UK) - June 2018  
音樂: Good Time Good Life - Erin Bowman



Released at Eurodance 2018

Count in: 16 Counts

Choreographers Note: Arm movements are optional. Please feel free to omit these when first teaching this dance to your beginners.

## **S1: R SIDE, TOGETHER, R SIDE, TOUCH, L SIDE, TOGETHER, L SIDE, TOUCH (PUSH AND PULL ARMS)**

1-2-3-4      Step RF to R side, Step LF beside RF, Step RF to R side, Touch L toe beside RF 12:00

**(1-2-3-4) Arms: On count (1) pull R Fist across body L to R at shoulder height while pushing L arm out to L side with palm facing outward to L side,**

**On Count (2) let arms come together across body, Repeat on Counts (3-4)**

5,6,7,8      Step LF to L side, Step RF beside LF, Step LF to L side, Touch R toe beside LF 12:00

**(5-6-7-8) Arms: On count (5) pull L Fist across body R to L at shoulder height while pushing R arm out to R side with palm facing outward to R side,**

**On Count (6) let arms come together across body, Repeat on Counts (7-8)**

## **S2: STEP R DIAGONAL, CLAP X2, STEP L DIAGONAL, CLAP X2, WIGGLE**

1&2      Step RF fwd to R diagonal, Clap twice 12:00

3&4      Step LF fwd to L diagonal, Clap twice 12:00

5&6&7&8      Bump hips L (5) Bump hips R (&) Bump hips L (6) Bump hips R (&) Bump hips L (7) Bump hips R (&) Bump hips L (8) 12:00

**(5&6&7&8) Push R hand fwd with palm facing outward (5) Push L hand fwd with palm facing outward (&) Push R hand fwd with palm facing outward (6) Push L hand fwd with palm facing outward (&) Push R hand fwd with palm facing outward (7) Push L hand fwd with palm facing outward (&) Push R hand fwd with palm facing outward (8) 12:00**

## **S3: STEP R DIAGONAL, CLOSE, STEP RIGHT DIAGONAL, TOUCH, STEP LEFT DIAGONAL, CLOSE, STEP LEFT DIAGONAL, TOUCH**

1-2      Step RF fwd to R diagonal, Close LF beside R 12:00

3-4      Step RF fwd to R diagonal, Touch LF beside R 12:00

5-6      Step LF fwd to L diagonal, Close RF beside LF 12:00

7-8      Step LF fwd to L diagonal, Touch RF beside LF 12:00

## **S4: WALK ¼ TURN, WALK ¼ TURN, WALK, WALK, HEEL, STEP, HEEL, STEP**

1-2      Walk fwd on RF making ¼ Turn R, Walk fwd on LF making ¼ turn R 6:00

3-4      Walk fwd on RF, Walk fwd on LF 6:00

5-6      Tap R heel fwd, Close RF beside LF 6:00

7-8      Tap L heel fwd, Close LF beside RF 6:00

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