

Dose of Country

拍數: 48
編舞者: Laurent Chalon (BEL) - June 2018
音樂: Dose of Country - Dean Brody

牆數: 4

級數: Phrased Intermediate



Intro : 16 counts - Séquence: A B A A B A B A A B A B(4 counts) A A B B A A

Part A : 32 counts

A-Section 1: Side, touch, Shuffle ½ turn, Chassé right, Step Pivot ½ turn

- 1 RF, To the right
- 2 LF, Touch Next to RF
- 3&4 LF, Shuffle forward, ½ Turn Right
- 5&6 RF, Chassé Right
- 7 LF, Step Forward
- 8 LF+RF, Pivot ½ turn Right

A-Section 2: Walk, Walk, Rock Fwd, Coaster step, Stomp Fwd, Stomp Fwd

- 1 LF, Step Forward
- 2 RF, Step Forward*
- 3 LF, Rock forward
- 4 RF, recover
- 5&6 LF, Coaster Step
- 7 RF, Stomp Forward
- 8 LF, Stomp Forward

*Option 1-2: Full turn to the right

A-Section 3: Rock Fwd recover with ¼ Turn, Chassé Right, Cross, Side, Behind Side Cross

- 1 RF, Rock forward
- 2 LF, Recover with ¼ turn right
- 3&4 RF, Chassé right
- 5 LF, Cross over RF
- 6 RF, To the right
- 7&8 LF, Behind side Cross

A-Section 4: Side Rock, Together, Side Rock, Together, Jazz Box Touch

- 1 RF, Side Rock
- 2 LF, Recover
- & RF, Next LF
- 3 LF, Side Rock
- 4 RF, Recover
- 5 LF Croos over RF
- 6 RF step back
- 7 LF to the left
- 8 RF, Touch next to RF

Part B: 16 counts

B-Section 1: Side, Kick, Side, Kick, Chassé ¼ turn, Step Pivot ¼ turn

- 1 RF, To the right
- 2 LF, Kick Right Diagonally
- 3 LF, To the left
- 4 RF, Kick left Diagonally
- 5&6 RF, Chassé ¼ turn right

- 7 LF, Step Forward
- 8 LF+RF, Pivot ¼ turn right

B-Section 2: Cross, Side, Behind, Vaudeville Step, ¼ turn step back, ¼ turn side step, cross

- 1 LF, Cross Over RF
- 2 RF, To the right
- 3 LF, Cross behind RF
- & RF, To the Right
- 4 LF, Heel Left Diagonally Forward
- & LF, Next to RF
- 5 RF, Cross over LF
- 6 LF, ¼ turn right, step Back
- 7 RF, ¼ turn right, Step to the right
- 8 LF, Cross over RF

Contact : country@webchalon.be - <http://countrylinedance.webchalon.be>
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