Step on the Scene

拍數: 64

級數: Intermediate

編舞者: Dee Musk (UK) - June 2018

音樂: Snakes - Deva Mahal : (Album: Run Deep)

#32 Quick Beat Count In. Approx 11 seconds - Track approx. 3 mins 21 secs - BPM 168. Track available from iTunes.co.uk Side, Touch, Side, Diagonal Kick, Sailor Step, Diagonal Kick. 1-4 Step R to R side, touch L beside R, step L to L side, kick R to R diagonal. 5-8 Cross step R behind L, step L to L side, step R to R side, kick L to L diagonal. (12 o'clock). Behind, ¼ Turn R, Step, Hold, ½ Turn R, Hold, Run L, R. Cross step L behind R, make ¼ turn R stepping forward on R, step forward on L, Hold count 1-4 4. 5-8 Make ¹/₂ turn R transferring weight to R, hold count 6, run forward L, R. (9 o'clock). Forward, Touch, Back, Kick, Back, Together, Swivet. 1-4 Step forward on L, touch R toe behind L, step back on R, kick L forward. 5,6 Step back on L, step R beside L. On heel of R twist R toe to R, on ball of L twist L heel to L, recover to centre (weight on L). (9 7,8 o'clock). **Restart 2 – (during wall 7) begin again facing 12 0'clock wall. Side, Close, Cross, Hold, ¼ Turn R, Hitch, ½ Turn R with Run R, L. 1-4 Step R to R side, step L beside R, cross R over L, hold count 4. 5,6 Make ¹/₄ turn R stepping back on L, hitch R knee. 7,8 Make ¹/₂ turn R stepping forward and step R, step forward L. (6 o'clock). *Restart 1 – (during wall 4) begin again facing 9 0'clock wall. Step, ¼ Turn R with L Hitch, Cross, Hold, Hinge ½ Turn L, Cross, Touch. 1-4 Step forward on R, make ¼ turn R hitching L knee, cross L over R, hold count 4. 5,6 Make ¹/₄ turn L stepping back on R, make ¹/₄ turn L stepping L to L side. Cross step R slightly over L, touch L toe behind R. (3 o'clock). 7,8 Back, Sweep R, Back, Sweep L, Behind, Side, Cross, Hold. 1.2 Step back on L, sweep R to behind L. 3,4 Step back on R, sweep L to behind R. Cross step L behind R, step R to R side, cross L over R, hold count 8. (3 o'clock). 5-8 Side Rock, Recover, Behind, Hold, ³/₄ Triple Turn L, Hold. 1-4 Rock R to R side, recover weight to L, cross step R behind L, hold count 4. 5-8 Make ³/₄ turn L stepping L, R, L, hold count 8. (6 o'clock). Triple ½ Turn R, Sweep, Cross, ¼ Turn L, Side, Touch. 1-4 Make ¹/₂ turn R stepping R, L, R, sweep L. 5-8 Cross L over R, make ¼ turn L stepping back on R, step L to L side, touch R beside L. (9 o'clock).

Restart 1 during wall 4, dance up to and including count 32, begin again facing 9 o'clock wall. Restart 2 during wall 7, dance up to and including count 24, begin again facing 12 o'clock wall.

Optional Ending; Dance counts 1 – 6 of Section 8 (you will be facing 6 o'clock) then, make 1/2 turn L stepping





牆數:4

forward on L, step R to R side. Finish facing 12 o'clock Wall.

Enjoy

Contact: deemusk@btinternet.com Dee - 07814 295470