

# AB Lonesome Me

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Absolute Beginner  
編舞者: Russell Breslauer (USA) - June 2018  
音樂: Oh Lonesome Me - Don Gibson



## BACK RECOVER SHUFFLE FORWARD\* FORWARD\* RECOVER SHUFFLE BACK\*

1-2      Step Left back, recover on Right  
3&4      \* Shuffle forward Left, Right, Left  
5-6      \* Step Right forward, Recover on Left  
7&8      \* Shuffle back Right Left Right

\*Turning option: 3&4 is ½ turn Right 5-6 Right Back Left recover 7&8 is ½ turn Left

## BACK RECOVER SIDE SHUFFLE BACK RECOVER SIDE SHUFFLE

1-2      Step Left back, recover on Right  
3&4      Shuffle to left on Left, Right, Left  
5-6      Step Right back, Recover on Left  
7&8      Shuffle to the right on Right Left Right

## CROSS RECOVER SIDE SHUFFLE CROSS RECOVER SIDE SHUFFLE

1-2      Step Left in front of right, recover on Right  
3&4      Shuffle to left on Left, Right, Left  
5-6      Step Right in front of left, Recover on Left  
7&8      Shuffle to the right on Right Left Right

## K STEP WITH ¼ LEFT TURN\*

1-2      Step Left forward diagonal, touch Right next to left  
3-4      Step Right back diagonal, touch Left next to right  
5-6      Step Left ¼ left turn touch Right next to left  
7-8      Step Right to right and touch Left next to right  
Option: for a 1-wall dance, make a regular K Step with no turn  
5-6      Step Left back diagonal, touch Right next to left  
7-8      Step Right forward diagonal, touch Left next to right

## REPEAT

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