

I'm So Sorry

拍數: 32 牆數: 4 級數: Improver
編舞者: Silvia Schill (DE) - May 2018
音樂: I'm Sorry (Gon Haziri & Bess Radio Mix) - Arilena Ara



The dance begins with the use of the singing

Rock Back, Walk R + L, Shuffle Forward, Rock Step

- 1-2 Step back with RF (put the RF back in a semicircle), lift LF slightly, weight back on LF
- 3-4 Step in a semicircle forward with RF, step in semicircle forward with LF
- 5 & 6 Step forward with RF, use LF on RF and step forward with RF
- 7-8 Step forward with LF, lift RF slightly up and weight back on RF

¼ Turn L / Sailor Step, Step, Pivot ½ L, ½ Turn L, ½ Turn L, Shuffle Forward

- 1&2 ¼ Turn left and cross LF behind RF (9 o'clock) - step RF to right and weight back on LF
- 3-4 Step forward with RF - ½ Turn left on both bales, weight back on LF (3 o'clock)
- 5-6 ½ Turn left and step back with RF - ½ Turn left and step forward with RF
- 7&8 Step forward with RF - step left to right, step forward with RF

Touch Forward - ¼ Paddle Turn R - Touch Forward - ¼ Paddle Turn R - Rock Forward, ¼ Turn L / Sailor Step, Step, Pivot ¼ L

- 1 & Touch left toe forward and ¼ turn right on both bales, weight back on right (6 o'clock)
- 2 & Same as 1 & (9 o'clock)
- 3-4 Step forward with LF, lift RF slightly up - weight back on RF
- 5 & 6 ¼ Turn left and LF cross behind RF (6 o'clock) - step RF to right and weight back on LF
- 7-8 Step forward with RF - ¼ turn left on both bales, weight at end left (3 o'clock)

Hitch Across, Point, Step, Point, Cross, Unwind ½ R, Side / Sways

- 1-2 Lift right knee over left (turn upper body to the left and hold left palm in front of forehead) -
Touch right toe to right (turn forward again)
- 3-4 Step forward with RF, touch left toe to left
- 5-6 LF cross over RF - ½ turn right on both bales, weight remains left (9 o'clock)
- 7-8 Small step with RF to the right / hips swinging to the right - swing the hips to the left

Repeat until the end

And don't forget to smile, because dancing is fun! There is no guarantee for errors in the translation, content, spelling, etc.! Contact: birgit.golejewski@gmail.com www.country-linedancer.de