

I'm Down On My Knees

COPPER KNOB
STEPPERS

拍數: 32 牆數: 1 級數: Improver
編舞者: Val Saari (CAN) - June 2018
音樂: Woman, Amen - Dierks Bentley : (iTunes)



STOMP KICK, CHA, CHA, CHA X 2, (R,L)

1-2 Stomp RF, Kick RF forward
3&4 Recover RF, Step LF in place, Step RF in place
5-6 Stomp LF, Kick LF forward
7&8 Recover LF, Step RF in place, Step LF in place

TRAVELLING SWIVELS WITH FINGER SNAPS RIGHT, LEFT

1-4 Swivel both heels to right, both toes to right, both heels to right, Snap R fingers
5-8 Swivel both heels to left, both toes to left, both heels to left, Snap L fingers

RF KICK TWICE, RF MAMBO BACK, LF KICK TWICE, LF MAMBO BACK

1-2 Kick RF forward twice
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 Kick LF forward twice
7&8 Rock LF back, Recover RF, Step LF beside right

JAZZ BOX, ROCKING CHAIR

1-2 Step RF over L, Step LF back
3-4 Step RF beside L, Step LF together
5-6 Rock RF forward, Recover LF
7-8 Rock RF back, Recover LF

Note: this would be fun to do contra style

REPEAT - No Tags, No Restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027