

Up On the Roof

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Advanced Beginner
編舞者: Janet G Elmo (USA) - April 2018
音樂: Up On the Roof - The Drifters : (iTunes)



Intro: 16 count starting at first "Roof"

First steps – Lindy Right and Left Rocking Chair

1 & 2 Step Right to side, Left joins Right, step Right to side
3 - 4 Step Left behind Right, shift weight to Right foot
5 - 8 Step up on Left foot, rock back on Right, step back on Left, rock forward on Right

Second steps – Lindy Left and Right Rocking Chair

1 & 2 Step Left to side, Right joins Left, step Left to side
3 - 4 Step Left behind Right, shift weight to Left foot
5 - 8 Step up on Right foot, rock back on Left, step back on Right, rock forward on Left

Third steps – Shuffle up Right & Left, two ¼ turns Left

1 & 2 Step forward Right, Left, Right
3 & 4 Step forward Left, Right, Left
5 - 8 Step Right as turn left (can pivot on Left), 2 times

Fourth steps – Cha Cha Up and Back

1 & 2 In place step Right, Left, Right
3 - 4 Step up Left, step back Right
5 & 6 In place step Left, Right, Left
7 - 8 Step back Right, step up Left

Fifth steps – Cha Cha pivot Left and Cha Cha pivot Right

1 & 2 In place step Right, Left, Right
3 - 4 Step up Left, pivot Right two walls
5 & 6 In place step Left, Right, Left
7 - 8 Step up Right, pivot Left two walls

Sixth steps – 2 V-steps (aka Up, Up, Back, Back)

1 - 4 Step diagonally Right, step diagonally Left, return Right and Left to start position
5 - 8 Repeat

Start dance over

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Last Update: 6 Oct 2023
