

Speak My Mind

COPPER KNOB
BY STEPHEN

拍數: 72 牆數: 2 級數: High Intermediate waltz
編舞者: Kirsten Matthiessen (DK) & Jannie Tofte Stoian (DK) - June 2018
音樂: Fall in Line (feat. Demi Lovato) - Christina Aguilera : (iTunes)



Restart: 1 restart on wall 5 after 48 counts – facing 06:00

Intro: 24 counts (app. 12 seconds into track)

Note: MASSIVE thanks to Jean-Pierre for sending us this track! Also a thanks to the “travel buddies”

[1-12] Weave RF, $\frac{1}{4}$ L, $\frac{3}{4}$ L sweep, Basic $\frac{1}{2}$ R x2

123 Cross R over L (1) , step L to L side (2) , cross R behind L (3) 12:00
456 Turn $\frac{1}{4}$ L stepping L fw (4), turn $\frac{3}{4}$ L on L sweeping R CCW (5-6) 12:00
123 Step R fw (1), turn $\frac{1}{2}$ R stepping L back (2), step R back (3), 12:00
456 step L back (4), turn $\frac{1}{2}$ R stepping R fw (5), step L fw (6)

[13-24] Step kick, Back x3, $\frac{1}{4}$ R lunge, $\frac{1}{4}$ L, Step $\frac{1}{2}$ L

123 456 Step R fw (1), Raise L for a kick fw (2-3), step L back (4), step R back (5), step L back (6)
12:00
123 456 Turn $\frac{1}{4}$ R lunging R to R side (1-3), turn $\frac{1}{4}$ L recovering onto L (4) , step R fw (5), turn $\frac{1}{2}$ L
stepping onto L (6) 06:00

[25-36] Step figure 4 full R, Cross $\frac{1}{4}$ L back, Coaster step, Lock $\frac{1}{2}$ R

123 Step R fw (1), turn full turn R on R hitching L knee, L foot at R knee (2-3) 06:00
456 Cross L over R (4), turn $\frac{1}{4}$ L stepping R back (5), step L back (6) 03:00
123 Step R back (1), step L next to R (2), step R fw (3) 03:00
45&6 Step L fw (4), cross R over L turning $\frac{1}{4}$ R (5), step L slightly back turning $\frac{1}{8}$ R (&), cross R
over L turning $\frac{1}{8}$ R (6) (think of it as a lockstep gradual $\frac{1}{2}$ turn) 09:00

[37-48] Step sweep, Behind $\frac{1}{4}$ L step, Mambo $\frac{1}{2}$ L, Slow step $\frac{1}{2}$ L

123 456 Step L back sweeping R CW (1-3), step R behind L (4), turn $\frac{1}{4}$ L stepping L fw (5), step R fw
(6) 06:00
123 456 Rock L fw (1), recover onto R (2), turn $\frac{1}{2}$ L stepping Lfw (3), step R fw (4), slow $\frac{1}{2}$ turn L
stepping onto L (5-6)

Restart here on wall 5 06:00

[49-60] R twinkle, Cross $\frac{1}{4}$ L x2, R Twinkle, Cross chasse

123 Cross R over L (1), step L to L side (2), step R to R diagonal (3), 06:00
456 Cross L over R (4), turn $\frac{1}{4}$ L stepping R back (5), turn $\frac{1}{4}$ L stepping L to L side (6) 12:00
123 Cross R over L (1), step L to L side (2), step R to R diagonal (3), 12:00
45&6 Cross L over R (4), step R to R side (5), step L next to R (&), step R to R side (6) 12:00

[61-72] L twinkle, Cross $\frac{1}{4}$ R x2, L Twinkle, Cross chasse

123 Cross L over R (1), step R to R side (2), step L to L diagonal (3) 12:00
456 Cross R over L (4), turn $\frac{1}{4}$ R stepping R back (5), turn $\frac{1}{4}$ R stepping R to R side (6) 06:00
123 Cross L over R (1), step R to R side (2), step L to L diagonal (3) 06:00
45&6 Cross R over L (4), step L to L side (5), step R next to L (&), step L to L side (6) 06:00

Hope you enjoy

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