

# Can You Feel It

**COPPER** **KNOB**  
BY STEPHEN

拍數: 64      牆數: 4      級數:  
編舞者: Michelle Risley (UK) - June 2018  
音樂: Can You Feel It – DNCE (My Little Pony Film Soundtrack)



**Restart wall 3, - Wall 4: repeat counts 40-57**

## **Walk, Walk, ¼ Turn C-Hip Bumps, ¼ Turn Left, ¼ Left, Sailor ¼ Turn**

1-2            Walk Forward Right, Left (12oc)  
3&4           ¼ Left Step Right To Side (9oc), (C-Bump) Bump R Hip Up And To The Right, Bump R Hip  
                 Down To Right Side Ending In A Sit Position With Weight On R (9oc)  
5-6            ¼ Left Stepping Onto Left (6oc) ¼ Left Step Right To Side (3oc)  
7&8           ¼ Left Turn Sailor, End Left To Side (12oc)

**Note: 3 & 4 Easier Option – Hip Bump, R,L, R End Weight Right**

## **Cross, Side, Sailor Step, Cross, ½ Hinge Turn, Side Shuffle**

1-2            Cross Right Over Left, Left To Side (12oc)  
3&4            Right Sailor Step  
5-6            Cross Left Over Right, ¼ Left Stepping Back On Right  
7&8           ¼ Left (6oc) Side Shuffle Left (6oc)

## **Ball Side Rock, Sailor ¼ Left, Rock Forward, Full Turn Backwards**

&1-2          Bring Right Next To Left, Side Rock Left, Recover On Right (6oc)  
3&4            ¼ Sailor Left (3oc)  
5-6            Rock Forward On Right, Recover On Left  
7-8            Full Turn Back Over Right Shoulder (3oc)

## **Drag Back, Ball Step, Walk, Walk, Rock Forward, Coaster Step**

1-2            Large Step Back On Right, Drag Left Towards Right  
&3-4          Step Left Together With Right, Walk Forward Right, Left  
5-6            Rock Forward On Right, Recover Left  
7&8            Right Coaster Step

## **Heel Switch L, R, L, Knee Pops Up/Down, Heels Switch R,L, R Knee Pops Up/Down**

1&2&          Left Heel Dig Forward, Switch Right Heel Forward, Switch Left Heel Forward  
&3&4          Rolling Weight Forward On To Balls Of Feet, Pop Knees Up, Down Weight Left  
5&6&          Right Heel Dig Forward, Switch Left Heel Forward, Switch Right Heel Forward  
7&8          Rolling Weight Forward On To Balls Of Feet, Pop Knees Up, Down Weight Left

## **R Rock Forward, Half Shuffle Right, ¼ Pivot, Cross Shuffle**

1-2            Rock Forward On Right, Recover On Left  
3&4            ½ Turning Shuffle Over Right Shoulder (9oc)  
5-6            Step Forward Left ¼ Pivot (12oc)  
7&8            Cross Shuffle Left Over Right (12oc)

## **Syncopated Rocks, R Side, Left Side, R Rock Forward, Left Rock Forward**

1-2            Side Rock Right, Recover On Left  
&3-4          Step Right Next To Left, Side Rock Left, Recover On Right  
5-6            Step Left Next To Right, Rock Forward On Right, Recover Left  
&7&8          Step Right Next To Left, Rock Forward On Left, Recover Right (12oc)

**Wall 3; Restart Dance Here Facing 3o/c**

**Wall 4; REPEAT Heel Switch Section At 6oc, Count 40 To 57 Side Rock (Restart At 3oc)**

**Restart Dance After Count 57 (Side Rock Right)**

**Step In Place, ¼ Turn Right Jazz Box, Step Out, Out, Heel Twists R, L**

&1-2 Step Left Next To Right, Cross Right Over Left Step Back Left

3-4 ¼ Turn Right, Stepping Right To Side (3oc) Step Left Next To Right (3oc)

5-6 Step Forward & Out On Right, Forward & Out On Left

&7&8 Twist Right Heel In, Right Heel To Centre, Twist Left Heel In, Left Heel To Centre (3oc)

**SMILE KEEP YOUR FEET HAPPY!**

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