

Sweet Lullaby

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - May 2018
音樂: Lullaby - Sigala & Paloma Faith : (iTunes)



Starts 16 Counts on Vocals

Side, Behind & Cross, Rock, Recover, Ball Side, Together, Cross.

- 1 Step Left to Left side.
- 2&3 Cross step Right behind Left, step Left to Left side, cross step Right over Left
- 4 Rock Left to Left side.
- 5&6 Recover on Right, step Left next to Right, step Right to Right side.
- 7-8 Step Left next to Right, cross step Right over Left.

1/4 Turning Lock, 1/2 Shuffle, Rock, Recover, 1/2, 1/4.

- 1&2 Make 1/4 turn to Right stepping back on Left, lock Right over Left, step back on Left. (3:00)
- 3&4 1/4 turn to Right stepping Right to Right side, step Left next to Right, 1/4 turn Right stepping forward Right. (9:00)
- 5-6 Rock forward on Left, recover on Right.
- 7-8 Make 1/2 turn to Left stepping forward Left, 1/4 Left stepping Right to Right side. (12:00)

Heel & Heel & Step, Together, Step, Mambo Step, Toe Back.

- 1&2& Touch Left heel forward, step Left next to Right, touch Right heel forward, step Right next to Left.
- 3-4-5 Step forward Left, step Right next to Left, step forward Left.
- 6&7 Rock forward on Right, recover Left, step back on Right.
- 8 Touch Left toe back.

1/4 Twist, Behind & Cross, Rock, Recover, Behind, 1/4, Step.

- 1 1/4 to Left (keep weight on Right sweeping Left at same time) (9:00)
- 2&3 Cross step Left behind Right, step Right to side, cross step Left over Right.
- 4-5 Rock Right to Right side, recover on Left.
- 6-7-8 Cross step Right behind Left, make 1/4 turn to Left stepping forward Left, step forward Right. **R** (6:00)

Step Lock & Step Lock & Sway, Sway, Behind, Side, Cross

- 1-2& Step Left forward diagonal Left, lock Right behind Left step Left forward diagonal Left.
- 3-4& Step Right forward diagonal Right, lock Left behind Right, step Right forward diagonal Right.
- 5-6 Step Left to left side swaying hips Left, sway hips Right taking weight on Right.
- 7&8 Cross step Left behind Right, step Right to Side, cross step Left over Right.

Side, 1/4, Heel Grind, Back Rock, Recover, Heel Grind.

- 1-2 Step Right to Right side, make 1/4 turn to Left stepping Left to Left side. (3:00)
- 3-4 Grind Right heel forward, recover on Left.
- 5-6 Rock back on Right, recover Left.
- 7-8 Grind Right heel forward, recover Left.

Back Rock, Recover, 1/2 Shuffle, 1/4 Chasse, Cross, Back.

- 1-2 Rock back on Right, recover on Left.
- 3&4 Make 1/4 turn Left stepping Right to side, step Left next to Right, 1/4 turn to Left stepping back Right. (9:00)
- 5&6 1/4 turn Left stepping Left to Left side, step Right next to Left, step Left to Left side. (6:00)
- 7-8 Cross step Right over Left, step back on Left.

Ball Cross, Point, Cross, Point, Step 1/2 Pivot, Step 1/2 Pivot.

- &1-2 Step Right to Right side, cross step Left over Right, point Right to Right side.
- 3-4 Step Right forward & across Left, point Left to Left side.
- 5-6 Step forward on Left, pivot 1/2 turn to Right. (12:00)
- 7-8 Step forward on Left, pivot 1/2 turn to Right. (6:00)

****R** Restart On Walls 3 & 5**

Dance Up To & Including Count 32 Section 4 Then Restart From Beginning :)

Ending: On Last Wall 7

Section 8: Replace Counts 7-8 with Walk Left-Right (Facing 12.00)
