

Juanita

拍數: 64 牆數: 4 級數: Improver
編舞者: Hilda Foo (NZ) - June 2018
音樂: Juanita 1974 by Nick McKenzie



Start on vocals

Section A: Weave. Cross Rock, Step to Side.

1-4 Cross RF over left, step LF to left, Step RF behind LF, Step LF to left
5-8 Cross RF over left, recover on L, step RF to side. Hold

Section B: Cross LF over Right, Sweep, Step Behind Side Forward (* coaster steps)

1-4 Cross LF over RF, step RF to side, Step LF behind RF, Sweep RF clockwise
5-8 Step RF behind LF, step LF to left side, step RF forward. Hold
(* optional – right coaster steps. Hold)

Section C: Rhumba box forward

1-4 Step LF to left, step RF besides LF, Step LF Forward. Hold
5-8 Step RF to right, step LF besides RF, Step RF forward. Hold

Section D: Step Forward, 1/4 turn right, Cross. Right Vine.

1-4 Step LF forward, 1/4 turn right, step right, cross LF over RF. Hold
5-8 Step RF to side, LF behind R, Step RF to right. Hold

Section E: Cross Rock

1-4 Cross LF over RF, recover on right. Step LF to left. Hold
5-8 Mirror with RF. Hold

Section F: 1/2 pivot turn right, Step Forward. Full Turn over Left. Step Forward.

1-4 Step LF forward, 1/2 turn right step RF forward, step LF forward. Hold
5-8 Step RF back, 1/2 turn left Step LF forward, 1/2 turn left Step RF forward. Hold
(optional : Instead of full turn, Walk forward, R L R. Hold)

Section G: Mambo forward/Back.

1-4 Rock LF forward, recover on R, step LF back. Hold
5-8 Rock RF back, recover on L, step RF forward. Hold

Section H: Side Mambo. Rock Forward, Side

1-4 Rock LF to left, recover on right, step LF besides R. Hold
5-8 Rock RF to right, recover on L, Rock RF back, recover on L

Tag- 4 count End of 2nd wall facing (6 O'clock), Sway R,L,R,L

End: Last 4 counts, step RF to side with 1/4 turn to right, step RF forward. Hold