

# Foret Opp På Brann!

COPPERKNOB  
STEPSHEETS

拍數: 38      牆數: 1      級數: Easy Improver  
編舞者: Karianne Heimvik (NOR) - June 2018  
音樂: Foret Opp På Brann - De Musikalske Dvergene : (supportersong)



## (1-8) rock fwd, shuffle back, rock back, shuffle fwd

1,2            ; rock fwd on R, recover weight on L  
3&4           ; step back on R, close L next to R, step back on R  
5,6            ; rock back on L, recover weight on R  
7&8           ; step fwd on L, close R next to L, step fwd on L

## (9-16) step ¼ turn x 4

1,2            ; step fwd on R, ¼ turn to left  
3,4            ; step fwd on R, ¼ turn to left  
5,6            ; step fwd on R, ¼ turn to left  
7,8            ; step fwd on R, ¼ turn to left

## (17-24) jazzbox ¼ turn x 2

1,2,3,4       ; cross R over left, step L to left with ¼ turn to right, step R next to L, step fwd with L  
5,6,7,8       ; cross R over left, step L to left with ¼ turn to right, step R next to L, step fwd with L

## (25-32) jazzbox ¼ turn x 2

1,2,3,4       ; cross R over left, step L to left with ¼ turn to right, step R next to L, step fwd with L  
5,6,7,8       ; cross R over left, step L to left with ¼ turn to right, step R next to L, step fwd with L

## (33 – 38) rocking chair, jump, clap

1,2,3,4       ; rock fwd on R, recover weight to L, rock back on R, recover weight to L  
5,6            ; jump fwd both feet, hold and clap your hands.

## Tag 1; after wall 2 and 4

### Step, point x 3

1,2            ; step fwd on L, point R to right  
3,4            ; step fwd on R, point L to left  
5,6            ; step fwd on L, point R to right

### Start dance again

## Tag 2; after wall 6

### Step, point x 3, rockingchair, pivot ½ turn, pivot ½ turn

1,2            ; step fwd on L, point R to right  
3,4            ; step fwd on R, point L to left  
5,6            ; step fwd on L, point R to right  
7,8            ; rock fwd on R, recover weight to L  
1,2            ; rock back on R, recover weight to L  
3,4            ; step fwd on R, ½ turn to left stepping fwd on L  
5,6            ; step fwd on R, ½ turn left stepping fwd on L

### Start dance again

## Tag 3; after wall 7

1,2            ; hold, hold (if you want put your arms up, and cheer for Brann)

### Start dance again

Contact: [kheimvik@hotmail.com](mailto:kheimvik@hotmail.com)

