

I'm Shining

拍數: 64 牆數: 0 級數: Intermediate
編舞者: Chris Jones (UK) - June 2018
音樂: Shine - Years & Years : (Album: Communion, Deluxe)



Music Chosen by Terry (Thankyou)

Cross rock, chasse right, & side rock cross shuffle.

1-2 Cross rock right over left, recover onto Left,
3&4 Step right to side, step left beside right, step right to right side,
&5-6 Step left beside right, rock right to right side, recover onto left
7&8 Cross right across left, step left to left side, cross right across left,

Grapevine ¼ left, step ½ step, full turn triple,

1-3 Step left to left , cross right behind left, step ¼ turn left stepping forward left,
4-6 Step right forward, turn half pivot to left, step right forward,
7&8 Full turn triple right, stepping left right left,

Half turning Arc to right, Half turning Arc to left,

1-2 Turning ¼ turn right step right forward, lock left behind right,
3&4 Turning ¼ turn right step right forward, lock left behind right, step right forward (semi circle shape)
5-6 Turning ¼ turn left step left forward, lock right behind left,
7&8 Turning ¼ turn left step left forward, lock rightbehind left, step left forward (semi circle shape)

Forward rock, full turn triple right, forward rock, coaster step.

1-2 Rock forward onto right, recover onto left,
3&4 Turning a full turn to right step right, left, right, (right coaster step for non turners)
5-6 Rock forward onto left, recover onto right,
7&8 Step back onto left, step right next to left, step forward onto left,

Forward V step with taps, back V step with taps,

1-2 Step right forward to right diagonal, step left forward to left diagonal,
3&4 Step back to centre on right, tap left next to right, step left next to right,
5-6 Step right back to right diagonal, step left back to left diagonal,
7&8 Step forward to centre on right, tap left next to right, step left next to right,

Step right forward pivot ¼ left, kick ball change, repeat,

1-2 Step right forward, turn ¼ to left,
3&4 Kick right forward, replace right next to left, step left next to right,
5-6 Step right forward, turn ¼ to left,
7&8 Kick right forward, replace right next to left, step left next to right,

Cross side sailor step x 2,

1-2 Cross right across left, step left to left side,
3&4 Step right behind left step left to left, step right to right side
5-6 Cross left across right, step right to right side,
7&8 Step left behind right step right to right, step left to left side,

Step pivot ½ left with kick, coaster step, forward rock & forward rock,

1-2 Step right forward, turn ½ to left keeping weight on right, kick left forward,
3&4 Step back onto left, step right next to left, step forward onto left,
5-6& Rock forward on right, recover on left, step right next to left,

7-8& Rock forward on left, recover on right, step left next to right.

Tag, 16 counts end of wall 2,

Cross side sailor step cross $\frac{1}{4}$ $\frac{1}{4}$ turning shuffle x 2,

1-2 Cross right across left, step left to left side,

3&4 Step right behind left step left to left, step right to right side

5-6 Cross left across right, step right $\frac{1}{4}$ turn left

7&8 Step left $\frac{1}{4}$ turn left stepping to side, step right to left, step left to left side,

Repeat last 8 counts.

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