

Forever Swing

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner Soul
編舞者: Ira Weisburd (USA) - June 2018
音樂: Forever Swing (feat. Doug E Fresh) - Tucka : (Album: Love Rehab 2)



Introduction: 40 counts @ approximately 25 seconds.

* One Easy 4 count Tag.

PART I. (BUMP, FORWARD, FORWARD, RECOVER, TRIPLE STEP BACK, BACK, RECOVER)

1-2 Bump R hip to R, Step R forward
3-4 Step L forward, Recover back onto R
5&6 Step L back, Step-close R beside L, Step L back
7-8 Step R back, Recover forward onto L

PART II. (BUMP, FORWARD, PIVOT R 1/2 TURN; TRIPLE STEP FORWARD, PIVOT L 1/4 TURN)

1-2 Bump R hip to R, Step R forward
3-4 Step L forward, Pivot 1/2 R Turn onto R (6:00)
5&6 Step L forward, Step-close R beside L, Step L forward
7-8 Step R forward, Pivot 1/4 L Turn onto L (3:00)

PART III. (CROSS, BACK, SIDE, CROSS; TRIPLE STEP FORWARD, FORWARD, RECOVER)

1-2 Step R across L, Step L back
3-4 Step R to R, Step L across R
5&6 Step R forward, Step-close L beside R, Step R forward
7-8 Step L forward, Recover back onto R

PART IV. (BACK, RECOVER, SHUFFLE R 1/2 TURN; BACK, RECOVER, FORWARD, FORWARD)

1-2 Step L back, Recover forward onto R
3&4 Step L forward making 1/4 R Turn (6:00), Step-close R beside L, Step L back making 1/4 R Turn (9:00)
5-6 Step R back, Recover forward onto L
7-8 Step R forward, Step L forward

*TAG. (PIVOT L 1/2 TURN, PIVOT L 1/2 TURN)

1-2 Step R forward, Pivot making 1/2 L Turn onto L to face opposite wall.
3-4 Step R forward, Pivot making 1/2 L Turn onto L to face original wall.

*OPTIONAL TAG (without turns): Rocking Chair: (FORWARD, RECOVER, BACK, RECOVER)

BEGIN DANCE.

* NOTE: TAG is done at the end of Wall 3 (3:00), Wall 8 (12:00) & Wall 14 (6:00)

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