

Sweet Sensation

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - June 2018
音樂: Sweet Sensation - Flo Rida : (iTunes)



(2 count intro /dance starts after you hear "It's such a-")

[S1] 1/4L Side, Behind, 1/4R Fwd-1/4R Side-Together, Side, Behind, 1/4L Fwd-1/4L Side Together

- 1 2 Make a ¼ turn left stepping R to right side, Step L behind R
3&4 Make a ¼ turn right stepping forward on R, Make a ¼ turn right stepping L to left side, Step R together (Styling tips: Put your left hand on your head and point forward with your other arm)
5 6 Step L to left side, Step R behind L
7&8 Make a ¼ turn left stepping forward on L, Make a ¼ turn left stepping R to right side, Step L together (Styling tips: Put your right hand on your head and point forward with your other arm) (9:00)

[S2] Push Fwd (Diagonal)-Recover, Behind-1/4L Fwd-Fwd, Touch 1/4R Paddle x 2, Rocking Chair

- 1 2 Rock/push R diagonally forward, Recover weight on L
3&4 Step R behind L, Make a ¼ turn left stepping forward on L, Step R forward
5 6 Touch L to side and make a ¼ turn right on ball of R, Touch L to side and make a ¼ turn right on ball of R
7&8& Rock/step L forward, Recover weight on R, Rock/step L back, Recover weight on R (12:00)

[S3] Tap Fwd, Tap Side, 1/4L Turning Coaster Step, Rock Fwd, 1/2R Shuffle Fwd

- 1 2 Tap/point L forward, Tap/point L to left side
3&4 Sweeping L around R make a ¼ left stepping back on L, Step R next to L, Step L forward
5 6 Rock/step R forward, Recover weight on L (prep for ½ turn right)
7&8 Make a ½ turn right stepping forward on L, Step L next to R (3:00)

[S4] L Ronde, Behind-Side Rock, Behind, 1/4L Fwd, Step-Pivot 1/2L

- 1 2 Sweeping L around R (draw a semi-circle around from the front to the back) for 2 counts
3&4 Step L behind R, Rock/step R to right side, Recover weight on L
5 6 Step R behind L, Make a ¼ turn right stepping forward on L
7 8 Step R forward, Make a ½ turn left recover weight on L (6:00)

Tag: 4 counts - End of Wall 1 (6:00), Wall 4 (12:00), Wall 7 (6:00) and Wall 10 (12:00)

- 1&2& Step R to right side w/ hip bump to R (click your right fingers up), Hip bump to L, Hip bump to R (click your right fingers down), Hip bump to L
3&4 Hip bump to R (click your fingers up), Recover hip to the centre, Step R together (return your arm back beside you)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
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