

# A Good Thing

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Step5678 (USA) - June 2018  
音樂: Good Thing - Keith Urban



**Intro: 40 Counts....Start On the Word...."hold"**  
**Restart: 1....On Wall 4 After 24 Counts....Restart The Dance!**

## [1-8] Heel Stomps Fwd (R & L)

1&2&      Stomp R forward (1), Raise R heel up (&), Drop R heel to ground (2), Raise R heel up (&)  
3&4      Drop R heel to ground (3), Raise R heel up (&), Drop R heel to ground (4)  
5&6&      Stomp L forward (5), Raise L heel up (&), Drop L heel to ground (6), Raise L heel up (&)  
7&8      Drop L heel to ground (7), Raise L heel up (&), Drop L heel to ground (8) (12:00)

## [9-16] Cross Back (R), Chasse-Right, Cross Back (L), Chasse-Left

1-2      Cross R over L (1), Step back on L (2)  
3&4      Step R to right (3), Step L next to R (&), Step R to right (4)  
5-6      Cross L over R (5), Step back on R (6)  
7&8      Step L to left (7), Step R next to L (&), Step L to left (8) (12:00)

## [17-24] Hip Sways (R, L, R, L), Full Skate Box Turn

1-2      Step R to right...sway hips to right (1), Sway hips to left...weight on L (2)  
3-4      Sway hips to right...weight on right (3), Sway hips to left...weight on L (4)  
5-6      Make ¼ left turn skating R to right (5), Make a ¼ left turn skating L to left (6)  
7-8      Make ¼ left turn skating R to right (7), Make a ¼ left turn skating L to left (8) (12:00)

**\*\*\*Restart Dance Here On Wall 4\*\*\***

## [25-32] Vine-Right, ¼ Left Turn, ½ Left Turn, ½ Left Turn Triple

1-2      Step R to right (1), Step L behind R (2)  
3-4      Step R to right (3), Touch L next to R (4)  
5-6      Step L fwd- ¼ left (5), Make ½ turn left-stepping back on R (6)  
7&8      Step L back- ¼ left (7), Step R next to L (&), Step L fwd -¼ left (8) (9:00)

**Let's Dance!!!**

Ultra beginners can skate in place (counts 21-24). And on counts 29-32, you can change it to a...  
Step L to left, Step R behind L, and ¼ turn left- triple step.

Contact: [keepstpn@aol.com](mailto:keepstpn@aol.com)