Rock The Beat

拍數: 32   牆數: 4   級數: Intermediate

編舞者: Nathan Gardiner (SCO) - June 2018

音樂: 21st Century Girl - Willow

Intro: 16 counts

Walk Forward R & L, R Lock Step, Rock Forward, Recover, Full Turn L
1-2	Step forward on R, Step forward on L
3&4	Step forward on R, Lock L behind R, Step forward on R
5-6	Rock forward on L, Recover on R
7-8	½ L stepping forward on L, ½ L stepping back on R

Sailor Step L & R, Behind, ¼ R, Step Pivot ¾ R
1&2	Step L behind R, Step R to R side, Step L to L side
3&4	Step R behind R, Step L to L side, Step R to R side
5-6	Step L behind R, ¼ R stepping forward on R
7-8	Step forward on L, Pivot ¾ R

Side L, Together, Forward, R Lock Step, Rock Forward, Recover, Coaster Cross
1-2-3	Step L to L side, Step R next to L, Step forward on L
4&5	Step forward on R, Lock L behind R, Step forward on R
6-7	Rock forward on L, Recover on R
8&1	Step back on L, Step R next to L, Cross L over R

Monterey ½ R, Monterey ¼ L, Step Pivot ½ L, Point
2-3	Point R to R side, ½ R stepping R next to L
4-5	Point L to L side, ¼ L stepping L next to R
6-7	Step forward on R, Pivot ½ L
8	Point R to R side

Tag: End of wall 1
Cross, Point, Cross, Point, Jazz Box Cross
1-2	Cross R over L, Point L to L side
3-4	Cross L over R, Point R to R side
5-6	Cross R over L, Step back on L
7-8	Step R to R side, Cross L over R

Point, Cross, Point, Cross, Sway R, L, R, L
1-2	Point R to R side, Cross R over L
3-4	Point L to L side, Cross L over R
5-6	Step R to R side swaying hips to R side, Sway hips to L side
7-8	Sway hips to R side, Sway hips to L side

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