

Rise Till We Fall

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Andrina K Faulds (SCO) - June 2018
音樂: Rise (feat. Jack & Jack) - Jonas Blue



Count in: 16 (fast) No Tags or Restarts

Section 1: ½ fall away step left, ¼ fall away step left

1&2 Cross left over right (1); step right back (&); turn 1/4 left stepping left back (2)
3&4 Step right behind left (3); turn 1/8 left stepping left to left (&), step right to right side (4)
5&6 Cross left over right (5); step right back (&); turn 1/4 left stepping left back (6)
7&8 Step right behind left (7); left stepping left to left (&), step right forward (8)

Section 2: Left mambo, right shuffle back, unwind half turn left, right kick jump back

1&2 Rock left foot to forward (1), lift and replace right foot in place (&), return left foot to place (2)
3&4 Step back on right foot (3), close left foot besides right (&), step back on right foot (4)
5-6 Step left toe behind right (5), unwind a ½ turn over left shoulder putting weight down (6)
7&8 Kick right foot forward (7), jump back right (&), jump back left (8)

Section 3: Right hitch toe strut ¼ right, pivot ½ right and step forward left, right kick jump back, swivel heels in together

1&2 Hitch right knee up (1), point right toe to right side making a ¼ right (&), drop right heel (2)
3&4 Step forward on left making ½ turn right (3), put weight back on to right (&), step forward left (4)
5&6 Kick right foot forward (5), jump back right (&), jump back left (6)
7&8 Bing both heels in (7), bring both toes in (7), bing both heels in but keep weight on left (8)

Section 4: Step right touch step, right behind side cross, step left touch step, left behind side ¼ right scuff

1&2 Step right to right side (1), touch left next to right (&), step left to left side (2)
3&4 Step right behind left (3), step left to left side (&), cross right over left (4)
5&6 Step left to left side (5), touch right next to left (&), step right to right side (6)
7&8 Step left behind right (3), step right ¼ to right (&), scuff left foot forward over right foot to start the dance again (4)

Ending – Cross left over right and unwind to the front

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